

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**Event 1 Women 18-24 1500 LC Meter Freestyle**

1	Moynihan, Meadhbh	23	CROTC	23:32.84
	37.48	1:18.83	2:02.90	2:48.70
	3:35.21	4:21.42	5:08.85	5:56.32
	6:44.11	7:32.13	8:19.98	9:08.31
	9:56.59	10:44.37	11:32.48	12:20.14
	13:08.47	13:56.42	14:44.55	15:32.67
	16:20.52	17:08.44	17:56.57	18:44.92
	19:33.02	20:21.28	21:09.95	21:58.44
	22:46.32	23:32.84		

**Event 1 Women 35-39 1500 LC Meter Freestyle**

1	Mackey, Sarah	35	NENA	23:50.43
2	Scanlon, Meabh	35	LimMas	27:12.64
	45.78	1:36.71	2:28.79	3:22.11
	4:15.62	5:10.60	6:04.47	6:58.96
	7:53.17	8:48.24	9:43.32	10:38.89
	11:33.68	12:29.27	13:24.03	14:20.00
	15:14.25	16:10.00	17:04.85	17:59.97
	18:55.71	19:51.92	20:46.85	21:42.19
	22:37.29	24:27.93	25:23.67	
	26:18.56	27:12.64		
3	Mc Cullough, Aimee	39	BLFT	30:40.00

**Event 1 Women 40-44 1500 LC Meter Freestyle**

1	Wolfe, Amy	42	CTRIC	20:38.90
	34.25	1:12.96	1:52.96	2:33.98
	3:15.69	3:57.26	4:39.19	5:20.69
	6:03.05	6:44.79	7:26.97	8:08.41
	8:50.19	9:31.62	10:13.35	10:54.65
	11:36.52	12:18.31	13:00.49	13:42.34
	14:25.00	15:06.99	15:48.83	16:31.16
	17:13.07	17:55.21	18:37.01	19:17.92
	19:59.14	20:38.90		

2	Collins, Carmel	44	SANDI	24:31.80
	42.76	1:29.31	2:17.68	3:06.02
	3:55.34	4:43.91	5:33.10	6:22.31
	7:12.14	8:01.14	8:50.64	9:39.54
	10:29.01	11:18.21	12:08.14	12:57.56
	13:47.40	14:37.10	15:27.14	16:16.13
	17:06.05	17:55.60	18:45.86	19:35.15
	20:25.29	21:14.20	22:04.61	22:53.54
	23:43.17	24:31.80		

3	Nagle Kiwanuka, Laura	44	ILDSA	25:43.54
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4	Zhai, Yanjie	41	Unattached	25:47.45
	39.07	1:24.69	2:14.73	3:06.19
	3:57.83	4:49.74	5:41.67	6:33.21
	7:25.88	8:18.30	9:12.09	10:04.69
	10:57.49	11:49.85	12:43.25	13:35.43
	14:28.32	15:21.03	16:13.73	17:06.31
	18:00.15	18:53.27	19:46.29	20:39.27
	21:33.39	22:26.04	23:18.67	24:09.52
	24:59.93	25:47.45		

5	Bowler, Lorraine	44	KIDOM	28:24.93
	52.03	1:47.13	2:44.22	3:43.19
	4:38.71	5:36.12	6:32.92	7:29.23
	8:27.02	9:23.99	10:21.25	11:18.07
	12:15.09	13:13.29	14:08.36	15:04.75
	16:01.99	17:00.17	17:56.22	18:53.68
	19:51.12	20:49.27	21:46.75	22:44.06
	23:42.22	24:39.74	25:37.20	26:33.70
	27:30.13	28:24.93		

**Event 1 Women 50-54 1500 LC Meter Freestyle**

1	Newport, Andrea	50	LimMas	23:55.48
			1:27.93	3:02.87
	3:50.05	4:37.77	5:26.01	6:14.17
	7:02.42	7:50.39	8:39.09	9:26.77
	10:15.22	11:02.96	11:51.30	12:39.16
	13:27.76	14:15.59	15:04.58	15:52.84
	16:41.67	17:29.68	18:18.46	19:06.58
	19:55.79	20:44.14	21:32.66	22:21.32
	23:09.20	23:55.48		

2	Ryan, Maria	51	LimMas	26:40.58
	45.42	1:34.67	2:25.68	3:16.30
	4:08.49	5:00.74	5:53.75	6:46.53
	7:40.20	8:33.57	9:27.24	10:20.60
	11:14.36	12:06.87	13:01.04	13:54.29
	14:47.79	15:40.98	16:34.93	17:29.14
	18:24.20	19:19.05	20:14.79	21:09.45
	22:05.61	22:59.98	23:55.78	24:51.09
	25:47.33	26:40.58		

3	Powell, Margot	53	SWSC	27:43.62
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4	Clancy, Barbara	51	LimMas	31:04.00
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**Event 1 Women 55-59 1500 LC Meter Freestyle**

1	Jenkinson, Hilary	55	ASGD	26:31.22
	48.10	1:39.80	2:31.75	3:24.91
	4:17.89	5:10.72	6:03.25	6:56.51
	7:49.03	8:43.06	9:36.29	10:30.27
	11:23.24	12:17.20	13:10.87	14:04.79
	14:57.44	15:51.23	16:44.77	17:38.46
	18:32.11	19:28.48	20:20.79	21:14.91
	22:08.76	23:03.08	23:56.97	24:49.73
	25:41.21	26:31.22		

2	Ryan, Mary	55	LimMas	33:42.00
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**Event 1 Women 60-64 1500 LC Meter Freestyle**

1	Skuodiene, Viktorija	61	MALM	28:06.78
	44.31	1:38.26	2:34.40	3:30.89
	4:28.85	5:24.58	6:22.10	7:20.57
	8:16.38	9:13.63	10:10.29	11:08.11
	12:04.67	13:02.01		14:55.84
	15:52.28	16:49.74	17:46.55	18:43.31
	19:40.17	20:36.63	21:33.30	22:30.40
	23:27.09	24:25.03	25:21.98	26:18.55
	27:14.10	28:06.78		

**Event 1 Women 65-69 1500 LC Meter Freestyle**

1	Ledwith, Dorothy	65	ENNIS	24:37.94
	41.95	1:28.25	2:16.19	3:05.13
	3:54.32	4:43.75	5:33.04	6:22.72
	7:11.93	8:01.85	8:51.32	9:41.06
	10:30.70	11:20.32	12:09.63	12:59.57
	13:49.54	14:39.62	15:29.58	16:19.61
	17:09.32	17:59.20	18:49.39	19:39.39
	20:29.69	21:19.91	22:09.69	23:00.03
	23:49.70	24:37.94		

**Event 1 Women 75-79 1500 LC Meter Freestyle**

1	McDonnell, Joan	79	MALM	42:14.00
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## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

Event 1 Men 45-49 1500 LC Meter Freestyle					Event 1 Men 50-54 1500 LC Meter Freestyle				
4	Dillon, Paul	47	NENA	26:22.71	1	Lamb, Rob	53	SWSC	20:24.87
	43.63		3:13.45			35.05	1:13.91	1:54.34	2:35.16
			7:40.01	8:32.97		3:16.39	3:57.86	4:39.59	5:21.31
				10:18.27		6:02.80	6:44.32	7:26.15	8:07.25
	12:06.12					8:49.31	9:30.48	10:11.99	10:53.14
						11:34.72	12:15.72	12:57.37	13:39.00
	14:44.61					14:20.30	15:01.25	15:42.67	16:23.68
	20:06.48	20:59.86	16:32.39	17:26.53		17:04.91	17:45.52	18:26.06	19:06.25
				24:39.93		19:46.56	20:24.87		
	26:22.71								
5	Walsh, Peter	45	SANDI	28:39.80	2	Ferland, Martin	51	LimMas	23:07.80
	43.47	1:32.63	2:26.22	3:21.76		37.72	1:19.54	2:04.40	2:49.28
	4:17.20	5:13.71	6:11.50	7:09.08		3:35.19	4:21.36	5:08.16	5:54.59
	8:07.71	9:05.52	10:04.91	11:03.03		6:41.15	7:27.61	8:14.48	9:00.90
	12:02.40	13:01.48	13:59.74	14:59.08		9:47.26	10:33.61	11:20.74	12:08.12
	15:57.29	16:54.83	17:55.10	18:53.81		12:55.17	13:41.88	14:28.67	15:16.28
	19:52.47	20:51.36	21:50.15	22:48.70		16:04.09	16:51.86	17:39.84	18:27.21
	23:48.82	24:48.66	25:48.18	26:48.95		19:14.29	20:02.66	20:49.73	21:37.22
	27:48.64	28:39.80				22:24.27	23:07.80		
6	Marshall, Noel	48	Shannon Masters	31:45.00	3	Joyce, Paul	53	ASGD	23:38.59
						37.84	1:21.00	2:06.85	2:53.69
						3:40.73	4:27.60	5:14.70	6:01.93
						6:49.63	7:37.41	8:25.33	9:13.53
						10:02.49	10:51.23	11:39.32	12:27.66
						13:16.11	14:04.10	14:52.05	15:40.02
						16:28.23	17:17.23	18:05.74	18:54.32
						19:42.74	20:31.29	21:19.47	22:08.09
						22:53.74	23:38.59		
5	Cahill, Barry	53	ASGD	24:52.11	4	Swift, Brian	54	LimMas	24:17.10
	37.80	1:22.02	2:09.61	2:58.61		41.43	1:29.36	2:19.17	3:08.49
	3:48.33	4:38.60	5:29.23	6:19.76		3:58.25	4:48.05	5:37.81	6:26.16
	7:10.59	8:01.19	8:51.97	9:42.93		7:15.06	8:04.76	8:54.01	9:42.79
	10:34.43	11:25.23	12:16.14	13:06.59		10:31.82	11:19.97	12:09.60	12:58.14
	13:57.12	14:47.88	15:38.59	16:29.52		13:47.34	14:35.78	15:24.59	16:13.61
	17:20.44	18:11.09	19:01.91	19:52.35		17:01.33	17:50.44	18:38.61	19:27.29
	20:43.16	21:33.03	22:23.32	23:13.34		20:16.69	21:05.13	21:53.95	22:41.99
	24:03.74	24:52.11				23:31.23	24:17.10		
6	Powell, Andrew	52	CROTC	24:58.94	5	Dennehy, Kevin	52	LimMas	28:56.22
	43.51	1:30.29	2:18.98	3:08.19		44.30	1:34.30	2:24.83	3:14.71
	3:57.69	4:47.74	5:38.88	6:28.87		4:05.70	4:57.45	5:50.05	6:42.66
	7:19.26	8:10.31	9:01.39	9:51.51		7:36.42	8:31.54	9:26.83	10:21.15
	10:42.33	11:33.23	12:25.47	13:16.24		11:15.59	12:11.22	13:07.97	14:05.54
	14:07.12	14:57.54	15:48.16	16:38.12		15:03.74	16:02.63	17:01.44	18:00.95
	17:28.64	18:19.07	19:09.13	19:58.92		19:01.36	20:02.36	21:05.32	22:09.55
	20:49.55	21:40.33	22:31.47	23:22.78		23:17.71	24:24.38	25:32.24	26:39.23
	24:11.64	24:58.94				27:47.73	28:56.22		
7	Sugrue, Des	54	KIDOM	25:26.94					
	43.57	1:31.63	2:21.14	3:08.89					
	3:59.92	4:48.58	5:39.55	6:30.85					
	7:23.28	8:13.85	9:07.11	9:58.96					
	10:50.87	11:42.11	12:34.38	13:26.54					
	14:18.54	15:10.25	16:02.54	16:53.87					
	17:45.84	18:37.25	19:30.66	20:21.10					
	21:13.25	22:05.28	22:57.75	23:48.81					
	24:40.32	25:26.94							
8	Cleary, Norman	50	ENNIS	27:13.45	9	Dillon, Brian	54	LimMas	28:29.95
	44.86	1:36.96	2:31.24	3:24.57		50.56	1:46.50	2:42.93	3:38.88
	4:19.25	5:13.04	6:08.62	7:02.46		4:35.44	5:31.92	6:28.77	7:25.07
	7:58.48	8:53.10	9:49.07	10:44.12		8:22.19	9:19.41	10:17.18	11:14.23
	11:40.32	12:34.53	13:29.61	14:25.60		12:12.19	13:09.09	14:06.96	15:03.78
	15:21.90	16:17.98	17:14.37			16:00.96	16:59.00	17:56.69	18:54.52
	19:06.72	20:02.16	20:58.30			19:51.38	20:49.72	21:48.14	22:46.12
	22:49.90	23:44.93	24:40.29	25:35.35		23:44.20	24:42.24	25:40.14	26:37.69
	26:26.54	27:13.45				27:34.83	28:29.95		

**Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023**

**Results**

<b>(Event 1 Men 50-54 1500 LC Meter Freestyle)</b>							
11 Vowles, Gerard	52 MALM	29:16.70		2 Desmond, Brian	61 ATLM	22:30.86	
50.16	1:44.87	2:42.54	3:40.65	37.29	1:19.96	2:04.31	2:49.53
4:38.55	5:37.03	6:36.17	7:35.13	3:34.44	4:19.60	5:05.37	5:50.87
8:33.31	9:31.60	10:30.12	11:28.83	6:36.72	7:22.25	8:08.02	8:52.84
12:26.72	13:25.38	14:24.36	15:23.19	9:37.87	10:22.90	11:08.73	11:53.54
16:22.08	17:21.43	18:20.08	19:18.98	12:39.02	13:24.86	14:10.26	14:56.07
20:20.15	21:18.83	22:18.03	23:18.50	15:42.27	16:28.00	17:13.83	17:59.51
24:16.60	25:16.49	26:16.14	27:16.83	18:45.40	19:31.25	20:18.17	21:04.49
28:15.94	29:16.70			21:48.96	22:30.86		
12 Bowler, Brian	51 KILL	30:19.79		3 Egan, David	60 MARLI	25:32.61	
50.29	1:42.50	2:41.85	3:39.75	43.28	1:30.66	2:19.56	
4:39.30	5:39.94	6:42.31	7:41.65	4:01.37	4:52.98	5:44.08	
8:43.58	9:43.29	10:45.40	11:47.57	7:26.70	8:18.90	9:10.18	10:01.43
12:50.49	13:54.09	14:56.62	15:57.22	10:52.57	11:43.73	12:34.10	13:26.04
17:00.11	18:02.09	19:06.96	20:06.94	14:18.05	15:09.75	16:01.55	
21:12.08	22:12.93	23:16.66	24:16.34	17:45.48	18:36.76	19:28.86	20:21.37
25:21.19	26:20.04	27:23.24	28:25.35	21:12.52		22:56.86	23:49.27
29:25.27	30:19.79			24:41.03	25:32.61		
13 Shannon, Martin	51 LimMas	30:50.00		4 McKeon, Michael	61 SANDI	25:54.28	
50.40	1:47.53	2:45.50	3:44.88	45.66	2:28.84	3:22.31	
4:44.52	5:46.35	6:47.71	7:49.67		7:45.27		
8:51.93	9:54.86	10:55.91	11:57.84		9:31.60		
12:59.95	14:04.20	15:06.84	16:09.76	11:17.38	12:08.88		
17:12.11	18:15.36	19:18.69	20:21.01			16:33.34	
21:22.44	22:26.33	23:28.48	24:31.98	21:46.55	22:38.64	23:29.81	
25:35.55	26:39.73	27:41.15	28:47.39	25:10.15	25:54.28		
29:50.27	30:50.00						
<b>Event 1 Men 55-59 1500 LC Meter Freestyle</b>							
1 Adair, Gordon	57 SANDI	27:27.01		5 Di Biagio, Ruggero	63 ALS	25:56.75	
51.21	1:45.04	2:41.45	3:38.54	41.19	1:29.61	2:21.52	3:13.37
4:34.62	5:30.88	6:26.48	7:22.56	4:05.09	4:57.05	7:34.55	8:28.00
8:18.17	9:13.59	10:08.87	11:04.43	9:20.41	10:12.95		11:57.14
12:00.85	12:55.98	13:51.26	14:46.13		13:42.61	14:33.85	
15:42.68	16:37.87	17:33.70	18:27.91	16:19.20	17:12.68		
19:22.22	20:16.46	21:11.30	22:05.63	18:05.26	18:58.08	19:50.69	20:44.57
23:00.40	23:53.94	24:47.56	25:41.81	21:37.36	22:30.55	23:22.70	24:15.50
26:35.29	27:27.01			25:07.27	25:56.75		
2 Ryan, Pearse	57 LimMas	28:32.16		6 Kavanagh, Niall	61 MARLI	27:48.70	
47.16	1:41.49	2:35.28		48.04	1:43.34	2:39.54	3:36.31
4:27.38		6:21.20	9:12.71	4:34.27	7:25.87	6:29.07	
8:15.53		10:09.75		8:23.76	9:20.66	10:17.75	11:15.02
12:05.10	13:04.22	14:00.81	14:59.13	12:12.77		14:06.32	15:01.81
15:56.43	16:54.70	17:51.35		17:48.00	16:53.84		
19:47.92		21:46.42	22:47.99	19:37.63	20:33.10	21:28.21	22:23.96
23:45.02	24:44.13	25:44.17		23:20.19	24:15.06	25:08.38	26:01.44
27:40.03	28:32.16			27:48.70			
3 Merritt, Denis	56 MALM	28:43.55		7 Baldassini, Giovanni	60 MALM	28:48.10	
46.83	1:41.61	2:40.14	3:37.94	48.61	1:43.73	2:40.29	3:37.73
4:36.47	5:34.25	6:32.45	7:30.76	4:36.09	5:34.48	6:33.01	7:31.44
8:29.63	9:26.86	10:25.54	11:23.08	8:29.32	9:28.27	10:26.25	11:24.33
12:21.30	13:18.89	14:18.11	15:16.51	12:22.94	13:21.10	14:21.93	15:19.96
16:15.81	17:12.98	18:11.24	19:09.68	16:18.07	17:15.96	18:14.37	19:12.45
20:07.91	21:05.40	22:04.76	23:01.86	20:09.95	21:07.90	22:06.08	23:03.85
24:00.79	24:59.22	25:56.16	26:53.34	24:01.18	25:00.71	25:57.64	26:56.00
27:49.49	28:43.55			27:53.37	28:48.10		
<b>Event 1 Men 60-64 1500 LC Meter Freestyle</b>							
1 Freeman, Boyd	61 ALS	21:01.31					

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 1 Men 60-64 1500 LC Meter Freestyle)**

8	Austin, Marcus	62	LimMas	29:40.58
	49.20	1:44.12	2:41.79	3:40.51
	4:38.97	5:38.33		7:38.21
	8:37.01	9:37.40	10:36.23	11:37.43
	12:38.12	13:38.91	14:39.57	15:40.40
	16:39.90		18:40.13	19:40.43
	20:39.88	21:40.27	22:41.06	23:41.50
	24:42.13	25:41.97	26:42.77	27:42.96
	28:42.16	29:40.58		

**Event 1 Men 65-69 1500 LC Meter Freestyle**

1	Scanlon, Greg	67	LimMas	26:53.06
	52.30	1:45.11	2:39.75	3:34.02
	4:27.84	5:21.82	6:16.25	7:10.44
	8:04.65	8:58.65	9:54.09	10:46.86
	11:40.94	12:33.99	13:27.35	14:20.80
	15:14.64	16:08.80	17:02.52	17:56.01
	18:50.15	19:44.37	20:38.36	21:32.36
	22:27.54	23:21.48	24:15.07	25:08.83
	26:02.47	26:53.06		

2	O'Donnell, Thomas	69	LimMas	28:24.35
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**Event 2 Women 18-24 400 LC Meter Freestyle**

1	Moynihan, Meadhbh	23	CROTC	5:56.42
	37.52	1:19.23	2:03.14	2:49.35
	3:36.59	4:23.26	5:10.34	5:56.42
2	Hayes, Grace	22	MARLI	6:07.96
	39.05	1:24.20	2:10.03	2:57.18
	3:45.30	4:34.06	5:21.85	6:07.96

**Event 2 Women 25-29 400 LC Meter Freestyle**

1	Delaney, Cliodhna	28	DKMSC	5:07.20
	33.04	1:10.72	1:49.57	2:28.70
	3:07.67	3:47.70	4:27.93	5:07.20

**Event 2 Women 30-34 400 LC Meter Freestyle**

1	Byrne, Michelle	34	LimMas	5:45.68
	35.41	1:16.75	2:01.79	2:46.66
	3:32.33	4:17.74	5:02.56	5:45.68
2	White, Jill	31	LimMas	6:16.26
	38.65	1:22.29	2:07.91	2:55.84
	3:45.79	4:36.34	5:26.92	6:16.26
3	Mc Dermott, Siobain	34	CTRIC	6:18.92
	38.22	1:22.60	2:10.99	3:00.75
	3:50.46	4:40.70	5:30.17	6:18.92

**Event 2 Women 35-39 400 LC Meter Freestyle**

1	Pinckheard, Rebecca	35	KIDOM	5:52.93
	36.92	1:19.48	2:04.06	2:49.63
	3:35.43	4:21.93	5:08.09	5:52.93
2	Daly, Caroline	39	DUBSC	7:04.69
	44.45	1:37.51	2:30.05	3:26.48
	4:19.87	5:15.45	6:10.25	7:04.69

**Event 2 Women 40-44 400 LC Meter Freestyle**

1	Zhai, Yanjie	41	Unattached	6:24.05
	39.51	1:25.65	2:13.26	3:02.32
	3:53.74	4:45.79	5:36.52	6:24.05
2	Collins, Carmel	44	SANDI	6:25.06
	40.65	1:27.63	2:16.96	3:06.21
	3:55.79	4:45.50	5:35.91	6:25.06

**Event 2 Women 45-49 400 LC Meter Freestyle**

1	Mc Guinness, Arlene	46	COMAN	5:47.08
	37.31	1:19.66	2:03.43	2:48.43
	3:33.39	4:18.78	5:03.66	5:47.08
2	Cummings, Bronwyn	45	ALS	6:11.08
	40.27	1:26.64	2:14.18	3:02.84
	3:50.67	4:39.53	5:26.33	6:11.08
3	Murray, Denise	46	DUBSC	6:31.13
	42.27	1:30.34	2:19.36	3:10.49
	4:00.60	4:52.66	5:42.58	6:31.13
4	Hynes, Joanne	47	ASGD	7:26.38
	43.51	1:36.82	2:33.77	3:32.32
	4:31.06	5:28.69	6:26.32	7:26.38
5	Laffan, Eimear	47	LTC	7:29.94
	48.54	1:44.20	2:41.84	3:39.96
	4:38.91	5:38.30	6:34.59	7:29.94

**Event 2 Women 50-54 400 LC Meter Freestyle**

1	Ryan, Maria	51	LimMas	6:41.64
	44.90	1:34.51	2:26.33	3:17.43
	4:09.14	5:00.69	5:52.66	6:41.64
2	Fox, Mairead	53	KIDOM	7:05.44
	46.83	1:37.90	2:32.68	3:28.86
	4:24.57	5:18.49	6:13.44	7:05.44

**Event 2 Women 55-59 400 LC Meter Freestyle**

1	Hull, Tracey	58	LISB	6:30.84
	43.23	1:32.47	2:21.59	3:12.60
	4:02.84	4:52.64	5:42.96	6:30.84
2	Barrett, Darina	56	DUBSC	6:56.07
	45.01	1:35.69	2:28.46	3:21.89
	4:15.76	5:09.45	6:03.07	6:56.07
3	Quinn, Sheelagh	57	ASGD	7:11.19
	46.25	1:38.70	2:33.29	3:28.74
	4:24.57	5:21.55	6:17.76	7:11.19
4	Hayes, Maura	56	KIDOM	7:13.17
	47.07	1:40.42	2:35.61	3:31.93
	4:28.39	5:24.43	6:21.39	7:13.17

**Event 2 Women 60-64 400 LC Meter Freestyle**

1	Skuodiene, Viktorija	61	MALM	7:03.73
	44.34	1:37.24	2:33.25	3:27.20
	4:23.23	5:17.07	6:13.67	7:03.73
2	Callanan, Maeve	63	LimMas	7:15.38
	47.07	1:40.68	2:36.59	3:33.44
	4:29.25	5:25.86	6:21.34	7:15.38

**Event 2 Men 30-34 400 LC Meter Freestyle**

1	Brennan, James	32	CLM	5:07.34
	32.97	1:10.51	1:50.94	2:31.44
	3:10.98	3:51.48	4:30.20	5:07.34
2	Gray, Alex	31	GLB	5:28.33
	36.31	1:16.58	1:57.74	2:39.27
	3:21.88	4:04.77	4:46.76	5:28.33

**Event 2 Men 35-39 400 LC Meter Freestyle**

1	Byrne, Marc	38	TEMP	5:21.99
	36.61	1:16.82	1:58.73	2:40.30
	3:21.18	4:01.90	4:42.25	5:21.99
2	Leahy, Conor	36	LimMas	7:02.05
	43.36	1:32.11	2:23.62	3:16.96
	4:12.78	5:10.40	6:05.69	7:02.05

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**Event 2 Men 40-44 400 LC Meter Freestyle**

1	Ribeiro, Douglas	42	DUBSC	5:10.92
	36.22	1:15.97	1:56.03	2:36.06
	3:15.17	3:54.08	4:33.22	5:10.92
2	Jameson, Niall	40	ASGD	6:04.61
	38.38	1:20.96	2:05.86	2:51.68
	3:38.81	4:27.31	5:15.90	6:04.61
3	Long, Declan	42	ASGD	6:19.18
	39.87	1:24.78	2:12.93	3:01.23
	3:50.97	4:40.35	5:31.13	6:19.18
4	Mac Gairbheith, Karol	43	Unattached	6:24.00
	40.96	1:26.86	2:18.34	3:10.08
	3:58.44	4:49.51	5:39.88	6:24.00
5	Chambers, Alan	41	DUBSC	7:02.24
	39.68	1:24.19	2:11.94	3:02.94
	3:58.95	4:56.01	6:09.65	7:02.24

**Event 2 Men 45-49 400 LC Meter Freestyle**

1	Harris, Brian	45	ASGD	4:54.18
	33.27	1:09.95	1:47.40	2:24.69
	3:02.64	3:40.17	4:17.86	4:54.18
2	Odoherthy, Shane	45	SLIGO	5:15.35
	36.16	1:13.83	1:52.99	2:32.43
	3:12.69	3:53.58	5:15.35	
3	Beacom, Ross	47	ASGD	5:22.61
		4:01.84	5:22.61	
4	Travers, Ronan	49	NAC	5:44.59
	36.16	1:17.02	2:00.57	2:45.93
	3:31.40	4:17.05	5:02.56	5:44.59
5	Grogan, Michael	47	GLB	5:46.11
	37.95	1:21.64	2:07.26	2:51.61
	3:36.00	4:19.87	5:04.09	5:46.11
6	Quinn, Adrian	47	CTRIC	5:48.37
	37.96	1:19.59	2:03.91	2:49.36
	3:35.03	4:20.26	5:05.46	5:48.37
7	Stafford, William	49	ALS	6:38.57
	44.45	1:33.45	2:25.05	3:16.59
	4:08.28	4:59.53	5:50.08	6:38.57
8	Noble, Rob	48	ASGD	7:08.61
	45.59	1:37.39	2:30.42	3:25.75
	4:21.66	5:18.37	6:15.28	7:08.61

**Event 2 Men 50-54 400 LC Meter Freestyle**

1	Cahill, Barry	53	ASGD	6:14.61
	37.23	1:20.97	2:07.72	2:56.41
	3:45.54	4:35.68	5:25.41	6:14.61
2	Dennehy, Kevin	52	LimMas	6:46.64
	44.92	1:35.33	2:26.93	3:18.55
	4:10.29	5:03.01	5:54.81	6:46.64
3	Redmond, Cliff	50	DUBSC	6:53.50
	42.82	1:34.35	2:30.08	3:26.18
	4:17.63	5:11.97	6:05.44	6:53.50
4	Hackett, Gregory	50	ALS	6:57.63
	42.85	1:33.12	2:26.90	3:21.17
	4:15.31	5:12.16	6:08.85	6:57.63
5	Ryan, Kieran	54	ASGD	7:15.72
	45.01	1:38.29	2:34.16	3:30.11
	4:26.94	5:24.44	6:22.51	7:15.72
6	Brennan, Aidan J	53	KMSC	11:08.93
	1:18.57	2:41.81	4:06.37	5:32.83
	6:57.78	8:23.66	9:47.47	11:08.93

**Event 2 Men 55-59 400 LC Meter Freestyle**

1	O Sullivan, Niall	55	DUBSC	5:59.04
	39.27	2:07.67	2:53.24	
	3:39.46	4:25.93	5:12.95	5:59.04
2	Wood, Trevor	58	ALS	6:18.19
	42.06	1:29.48	2:18.23	3:06.69
	3:54.98	4:43.33	5:31.83	6:18.19
3	Ryan, Pearse	57	LimMas	7:10.15
	46.01	1:39.17	2:33.69	3:28.76
	4:24.12	5:20.35	6:16.36	7:10.15

**Event 2 Men 60-64 400 LC Meter Freestyle**

1	Desmond, Brian	61	ATLM	5:41.25
	36.27	1:17.88	2:01.84	2:47.10
	3:32.37	4:17.35	5:00.99	5:41.25
2	Healy, Patrick	62	LimMas	5:50.22
	36.87	1:18.58	2:02.98	2:48.69
	3:34.07	4:19.78	5:05.65	5:50.22
3	Kavanagh, Niall	61	MARLI	7:07.54
	44.10	1:38.42	2:33.75	3:28.30
	4:24.40	5:19.75	6:15.71	7:07.54

**Event 2 Men 65-69 400 LC Meter Freestyle**

1	Morris, Tony	68	ALS	5:37.45
	37.13	1:18.45	2:01.67	2:45.16
	3:28.61	4:11.96	4:55.51	5:37.45
2	Byrne, Gabriel	66	TEMP	6:34.01
	44.66	1:33.18	2:24.38	3:15.81
	4:07.44	4:59.18	5:50.04	6:34.01
3	O'Donnell, Thomas	69	LimMas	7:27.55
	52.48	1:50.80	2:49.11	3:45.68
	4:42.03	5:38.46	6:34.43	7:27.55
4	Garrett, John	68	LimMas	9:36.91
	58.38	2:07.07	3:21.37	4:35.86
	5:51.34	7:05.43	8:21.42	9:36.91

**Event 2 Men 70-74 400 LC Meter Freestyle**

1	Genest, Rob	73	GLB	5:42.46
	38.29	1:20.71	2:04.73	2:49.45
	3:33.36	4:17.51	5:00.62	5:42.46

**Event 2 Men 75-79 400 LC Meter Freestyle**

1	Kelleher, Kieran	75	SANDI	7:27.13
	49.14	1:41.89	2:37.31	3:35.15
	4:33.94	5:34.28	6:33.88	7:27.13

**Event 3 Women 18-24 50 LC Meter Butterfly**

1	Hernandez Navarro, Lucia	23	NAC	30.27
2	Stewart, Alex	22	LimMas	39.17
3	Cunningham, Maria	22	POTTE	51.12
4	Jordan, Holly	21	Shannon Masters	51.67

**Event 3 Women 25-29 50 LC Meter Butterfly**

1	Cesin Salazar, Saide	27	ALS	31.43
2	Fallon, Laura	27	NAC	34.24
3	Harbison, Roisin	28	NAC	35.97
4	Lucey, Pauline	28	TALM	50.61

**Event 3 Women 30-34 50 LC Meter Butterfly**

1	Healy, Christine	30	ALS	32.60
2	Thompson, Emily	30	SWSC	34.24
3	Almeida, Raine	31	DUBSC	34.82
4	Sugrue, Elaina	31	SLIGO	40.09
5	Quinn, Carley	31	SLIGO	41.97

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**Event 3 Women 35-39 50 LC Meter Butterfly**

1	White, Alison	36	TMORE	32.80
2	Sexton, Aoife	36	MALM	34.54
3	O'Brien, Fiona	39	LimMas	37.08
4	Mc Evoy, Michelle	39	DKMSC	51.39

**Event 3 Women 40-44 50 LC Meter Butterfly**

1	Phelan, Rebecca	40	KMSC	35.98
2	Healy, Brenda	42	SB SC	39.71

**Event 3 Women 45-49 50 LC Meter Butterfly**

1	Cingalo, Manuela	48	ALS	34.43
2	Mc Grane, Siobhan	47	LimMas	34.88
3	Campion, Mariola	45	ALS	36.99
4	Armshaw, Aisling	46	LimMas	38.13

**Event 3 Women 50-54 50 LC Meter Butterfly**

1	Morris, Deirdre	53	ALS	33.73
2	Mc Grath, Helena	51	TRJN	38.27
3	Savage, Suzanne	50	POTTE	38.56
4	Mulcair, Mary	53	LimMas	44.64
5	Powell, Margot	53	SWSC	49.31
6	Fietsch, Uta	50	NENA	53.21

**Event 3 Women 55-59 50 LC Meter Butterfly**

1	Mulcair, Anne	55	LimMas	42.07
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**Event 3 Women 60-64 50 LC Meter Butterfly**

1	Halpin, Niav	62	ALS	37.22
2	O Carroll, Elaine	63	KMSC	41.72
3	Oneda Kearney, Edmeia	62	LimMas	52.26

**Event 3 Women 65-69 50 LC Meter Butterfly**

1	O'Brien, Siobhan	65	NAC	57.04
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**Event 3 Men 18-24 50 LC Meter Butterfly**

1	Refson, Benji	20	POTTE	30.54
2	Joyce, Aran	21	ASGD	32.58

**Event 3 Men 25-29 50 LC Meter Butterfly**

1	O'Brien, Gavin	28	COR	30.52
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**Event 3 Men 30-34 50 LC Meter Butterfly**

1	Laffan, Paul	31	COR	25.97
2	Cussen, Robert	32	COR	28.02
3	Parkin, David	30	DKMSC	30.33
4	Pierce, Kevin	33	COR	33.15

**Event 3 Men 35-39 50 LC Meter Butterfly**

1	Murphy, Barry	38	GUINN	25.44
2	Nagashiro, Andres	37	DKMSC	30.05
3	Doran, Tim	37	SLIGO	31.09
4	Dever, Dara	38	ENNIS	31.92
5	Finn, Danny	36	CTRIC	33.20

**Event 3 Men 40-44 50 LC Meter Butterfly**

1	Foster, Eoin	44	ALS	28.82
2	Rees, Steve	44	ALS	30.00
3	Tricart, Xavier	42	NAC	33.65
4	De Waard, Paul	42	SANDI	37.59

**Event 3 Men 45-49 50 LC Meter Butterfly**

1	O Muirheartaigh, Paraic	46	ALS	28.78
2	O Riordan, Jerry	49	COR	30.19
3	Ward, David	46	TEMP	30.77
4	Connaughton, Cian	48	NAC	31.65
5	Igoe, Brett	47	MARLI	32.07

6	Mc Garry, Ian	45	TEMP	32.25
7	Peagram, Alistair	45	TALM	33.03
8	Corcoran, John	47	ALS	35.37
9	Newport, David	48	LimMas	43.14
10	Walsh, Richard	48	SWSC	1:00.92

**Event 3 Men 50-54 50 LC Meter Butterfly**

1	Cunningham, John	53	ALS	27.35
2	Quinn, Thomas	50	COR	33.14
3	O Dwyer, Fergus	50	GLB	35.20
4	Lodge, Robbie	50	KMSC	35.23
5	Davoren, Declan	54	CABAR	36.19
6	Keane, Dara	53	ENNIS	40.57
7	O Connor, George	52	ALS	46.12
8	Sugrue, Des	54	KIDOM	47.40

**Event 3 Men 55-59 50 LC Meter Butterfly**

1	Mc Donnell, Gerard	59	KIDOM	32.63
2	Frize, Robert	56	ALS	32.96
3	Hamshere, Darren	56	POTTE	34.97
4	Refson, Jonathan	58	POTTE	36.71
5	Ryan, John	55	LimMas	39.06
6	Gormley, Eugene	56	POTTE	39.89
7	Canavan, Tony	55	SWWES	57.76

**Event 3 Men 60-64 50 LC Meter Butterfly**

1	Desmond, Brian	61	ATLM	34.93
2	Healy, Patrick	62	LimMas	36.46
3	Boran, Bernard	63	ALS	37.07
4	Keegan, John	60	DUBSC	40.00

**Event 3 Men 65-69 50 LC Meter Butterfly**

1	Irwin, John	65	LURG	36.80
2	Harbison, Harry	66	LimMas	52.34

**Event 3 Men 70-74 50 LC Meter Butterfly**

1	O'Neill, Brendan	70	CTRIC	51.02
2	Mason, Jonathan	73	ALS	56.91

**Event 3 Men 75-79 50 LC Meter Butterfly**

1	O'Brien, Tony	75	ALS	40.40
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**Event 4 Women 18-24 200 LC Meter IM**

1	Ball, Joanne	21	ALS	3:25.01	
		39.63	1:34.50	2:34.45	3:25.01

**Event 4 Women 25-29 200 LC Meter IM**

1	Hahessy, Siobhan	26	WATFD	3:05.84	
		37.13	1:24.67	2:22.54	3:05.84

**Event 4 Women 30-34 200 LC Meter IM**

1	Almeida, Raine	31	DUBSC	3:01.62	
		35.90	1:23.25	2:16.02	3:01.62
2	Long, Sarah	33	DUBSC	3:24.38	
		45.75	1:40.34	2:35.83	3:24.38

**Event 4 Women 35-39 200 LC Meter IM**

1	White, Alison	36	TMORE	2:41.40	
		34.03	1:17.77	2:03.44	2:41.40

**Event 4 Women 45-49 200 LC Meter IM**

1	Cingalo, Manuela	48	ALS	3:00.67	
		36.21	1:23.68	2:17.03	3:00.67
2	Mc Guinness, Arlene	46	COMAN	3:14.09	
		47.18	1:36.17	2:31.79	3:14.09
3	Antweiler, Kathrin	46	TUAM	3:54.63	
		55.10	1:53.98	3:04.41	3:54.63

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**Event 4 Women 50-54 200 LC Meter IM**

1	Mc Grath, Helena	51	TRJN	3:06.30
	39.93	1:32.02	2:24.78	3:06.30
2	Dunleavy, Sarah	50	DUBSC	3:58.75
	50.40	1:49.51	3:04.05	3:58.75
3	Lyons, Audrey	51	LimMas	4:10.81
	56.70	2:07.59	3:12.03	4:10.81
---	Boyd, Antoinette	53	KIDOM	DQ
	53.66	1:58.78	3:09.20	DQ

**Event 4 Women 55-59 200 LC Meter IM**

1	Mulcahy, Cara	57	ALS	3:06.23
	37.62	1:27.25	2:22.99	3:06.23
2	O'Neill, Niamh	56	DUBSC	3:32.42
	43.01	1:38.86	2:42.11	3:32.42
3	Shanahan, Elif	58	LimMas	3:45.34
	51.52	1:51.06	2:52.15	3:45.34

**Event 4 Women 60-64 200 LC Meter IM**

1	Walker, Blanaid	60	ALS	3:29.85
	52.30	1:43.24	2:42.87	3:29.85
2	Oneda Kearney, Edmeia	62	LimMas	3:47.70
	51.58	1:56.36	2:53.02	3:47.70

**Event 4 Women 65-69 200 LC Meter IM**

1	Keane, Marie	65	COMAN	3:37.59
	47.57	1:50.68	2:47.55	3:37.59

**Event 4 Men 25-29 200 LC Meter IM**

1	Gil Sorribes, Adria	29	DUBSC	2:31.46
	29.51	1:05.81	1:53.86	2:31.46

**Event 4 Men 30-34 200 LC Meter IM**

1	Rathke, Alex	31	NAC	2:43.14
	29.76	1:08.03	2:01.17	2:43.14

**Event 4 Men 35-39 200 LC Meter IM**

---	Leahy, Conor	36	LimMas	DQ
	51.47	1:56.05	3:17.98	DQ

**Event 4 Men 40-44 200 LC Meter IM**

1	Delfino, Nick	41	WATFD	3:02.16
	35.94	1:26.32	2:19.70	3:02.16

**Event 4 Men 45-49 200 LC Meter IM**

1	Moraghan, Niall	49	ALS	2:30.86
	31.56	1:13.26	1:55.23	2:30.86
2	Harris, Brian	45	ASGD	2:46.79
	36.08	1:18.87	2:09.69	2:46.79
3	Lindopp, David	45	TEMP	3:33.34
	44.50	1:49.90	2:47.73	3:33.34

**Event 4 Men 50-54 200 LC Meter IM**

1	Kearney, Paul J	50	LimMas	2:49.50
	36.94	1:20.65	2:09.71	2:49.50
2	Mulcahy, Sean	51	DEELM	2:57.22
	37.61	1:23.34	2:19.86	2:57.22
3	Monaghan, Gerard	50	DUBSC	3:04.15
	39.78	1:24.45	2:18.28	3:04.15
---	Joyce, Paul	53	ASGD	DQ
	49.27	1:44.85	2:51.34	DQ

**Event 4 Men 55-59 200 LC Meter IM**

1	O Raghallaigh, Conall	56	ALS	2:47.06
	34.99	1:18.71	2:05.91	2:47.06

2	Harper, Charles	57	DUBSC	3:18.14
	46.77	1:35.94	2:33.28	3:18.14
---	Canavan, Tony	55	SWWES	DQ
	1:00.58	2:16.84	3:32.11	DQ

**Event 5 Women 18-24 50 LC Meter Breaststroke**

1	Jordan, Holly	21	Shannon Masters	1:03.15
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**Event 5 Women 25-29 50 LC Meter Breaststroke**

1	Cesin Salazar, Saide	27	ALS	40.17
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**Event 5 Women 30-34 50 LC Meter Breaststroke**

---	Quinn, Carley	31	SLIGO	DQ
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**Event 5 Women 35-39 50 LC Meter Breaststroke**

1	O'Brien, Fiona	39	LimMas	41.83
2	Bryce, Carmen	39	ALS	45.32
3	Cannon, Aoife	36	DUBSC	46.22
4	Mc Evoy, Michelle	39	DKMSC	55.82

**Event 5 Women 40-44 50 LC Meter Breaststroke**

1	Reid, Charlotte	44	ALS	37.39
2	Markham, Jennifer	41	ALS	49.56
3	Carter, Janice	40	ASGD	54.26

**Event 5 Women 45-49 50 LC Meter Breaststroke**

1	Harris, Rebecca	45	ASGD	42.56
2	Treanor, Claire	46	KMSC	42.71
3	Cummings, Bronwyn	45	ALS	46.42
4	Cooke, Johanna	46	SWWES	57.83

**Event 5 Women 50-54 50 LC Meter Breaststroke**

1	Morris, Deirdre	53	ALS	38.83
2	Savage, Suzanne	50	POTTE	45.85
3	Sparling, Jean	51	LimMas	47.02
4	Foley, Deirdre	52	KMSC	52.22
5	O'Connor, Niamh	52	KIDOM	59.23
6	O'Hare, Adrienne	51	ALS	1:00.63

**Event 5 Women 55-59 50 LC Meter Breaststroke**

1	Birmingham, Ann	58	LimMas	56.21
2	Galvin, Aine	57	ALS	58.94

**Event 5 Women 60-64 50 LC Meter Breaststroke**

1	Halpin, Niav	62	ALS	45.18
2	Reilly, Patricia	63	ALS	45.96
3	Oneda Kearney, Edmeia	62	LimMas	49.79

**Event 5 Women 65-69 50 LC Meter Breaststroke**

1	Keane, Marie	65	COMAN	47.09
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**Event 5 Women 70-74 50 LC Meter Breaststroke**

1	O'Neill, Colette	71	GLB	1:03.19
2	Murphy, Katherine	73	ALS	1:17.20

**Event 5 Women 75-79 50 LC Meter Breaststroke**

1	Mc Namara, Breda	76	LimMas	1:09.19
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**Event 5 Men 18-24 50 LC Meter Breaststroke**

1	Refson, Benji	20	POTTE	37.35
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**Event 5 Men 30-34 50 LC Meter Breaststroke**

1	Whelan, Mark	33	ALS	39.14
2	Foley, Conor	34	NAC	39.87

**Event 5 Men 35-39 50 LC Meter Breaststroke**

1	Murphy, Barry	38	GUINN	30.35
2	Dever, Dara	38	ENNIS	35.71
3	Bandiera, Matteo	37	GUINN	37.42



## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 5 Men 35-39 50 LC Meter Breaststroke)**

4	Crossan, Joey	36	ASGD	40.69
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**Event 5 Men 40-44 50 LC Meter Breaststroke**

1	Fitzgerald, Colm	41	ENNIS	34.58
2	Foster, Eoin	44	ALS	37.09
3	Lane, Stuart	44	DUBSC	38.26
4	Herzig, Peter	43	SKB	40.04
5	Dempsey, Shaun	41	LimMas	41.82
---	Fennelly, Aidan	42	MARLI	DQ

**Event 5 Men 45-49 50 LC Meter Breaststroke**

1	Moraghan, Niall	49	ALS	33.48
2	Straton, Greg	46	ALS	33.72
3	O Riordan, Jerry	49	COR	36.80
4	Ward, David	46	TEMP	37.11
5	Odoherly, Shane	45	SLIGO	40.88
6	Walsh, Donal	46	CLM	41.13
7	Ceksis, Valdis	49	BALDO	41.92
8	Newport, David	48	LimMas	44.24

**Event 5 Men 50-54 50 LC Meter Breaststroke**

1	Stynes, Jason	53	TEMP	39.28
2	Fitzgibbon, Ronnie	54	KIDOM	40.35
3	Davoren, Declan	54	CABAR	40.42
4	Brennan, Aidan J	53	KMSC	1:09.65

**Event 5 Men 55-59 50 LC Meter Breaststroke**

1	Refson, Jonathan	58	POTTE	38.37
2	Wood, Trevor	58	ALS	40.61
3	Keane, Michael	57	LimMas	56.89

**Event 5 Men 60-64 50 LC Meter Breaststroke**

1	Conway, Peter	60	ALS	38.58
2	Boran, Bernard	63	ALS	43.74
3	Corbett, Jim	64	ALS	48.00
4	O Mahony, John	61	DUBSC	49.52

**Event 5 Men 65-69 50 LC Meter Breaststroke**

1	Canavan, Dermot	65	ALS	41.83
2	Winckworth, Trevor	66	COR	43.01
3	Harbison, Harry	66	LimMas	47.83
4	Ruddy, Dan	66	Unattached	53.39
5	Mullins, Michael	68	GLB	56.14
6	Craddock, John	67	CLM	58.44

**Event 5 Men 70-74 50 LC Meter Breaststroke**

1	Mason, Jonathan	73	ALS	55.08
2	Walshe, Aidan	72	Unattached	1:49.04

**Event 5 Men 75-79 50 LC Meter Breaststroke**

1	Daly, Liam	77	ALS	48.83
2	Kearney, Paul	76	LimMas	56.53

**Event 6 Women 18-24 200 LC Meter Freestyle**

1	Hernandez Navarro, Lucia	23	NAC	2:27.66	
		33.32	1:10.04	1:49.29	2:27.66
2	Stewart, Alex	22	LimMas	2:37.08	
		34.87	1:13.87	1:55.58	2:37.08
3	Moynihan, Meadhbh	23	CROTC	2:47.29	
		37.36	1:18.40	2:02.32	2:47.29
4	Ball, Joanne	21	ALS	3:01.99	
		41.65	1:27.72	2:15.23	3:01.99

**Event 6 Women 25-29 200 LC Meter Freestyle**

1	Corry, Therese	29	ALS	2:13.19	
		30.84	1:04.03	1:38.69	2:13.19
2	Harbison, Roisin	28	NAC	2:41.31	
		35.91	1:15.40	1:58.80	2:41.31

**Event 6 Women 30-34 200 LC Meter Freestyle**

1	O Connell, Claire	32	KIDOM	2:16.51	
		30.61	1:04.99	1:40.77	2:16.51
2	Healy, Christine	30	ALS	2:29.03	
		34.67	1:12.67	1:51.89	2:29.03
3	Byrne, Michelle	34	LimMas	2:40.64	
		34.89	1:14.86	1:57.57	2:40.64
4	Thompson, Emily	30	SWSC	2:44.84	
		38.29	1:19.80	2:03.40	2:44.84
5	Mc Dermott, Siobain	34	CTRIC	2:59.76	
		38.95	1:23.02	2:11.65	2:59.76
6	Long, Sarah	33	DUBSC	3:07.87	
		40.58	1:28.23	2:19.17	3:07.87

**Event 6 Women 35-39 200 LC Meter Freestyle**

1	Pinckheard, Rebecca	35	KIDOM	2:45.32	
		37.64	1:19.84	2:03.63	2:45.32
2	Daly, Caroline	39	DUBSC	3:19.56	
		43.30	1:33.11	2:26.81	3:19.56

**Event 6 Women 40-44 200 LC Meter Freestyle**

1	Healy, Brenda	42	SB SC	2:59.83	
		39.14	1:23.31	2:13.14	2:59.83
2	Nugent, Nicola	41	ASGD	3:21.51	
		44.56	1:35.68	2:30.26	3:21.51

**Event 6 Women 45-49 200 LC Meter Freestyle**

1	Mc Grane, Siobhan	47	LimMas	2:37.02	
		35.86	1:14.91	1:56.18	2:37.02
2	Campion, Mariola	45	ALS	2:51.43	
		37.64	1:19.74	2:05.99	2:51.43
3	Murray, Denise	46	DUBSC	3:04.18	
		41.13	1:28.16	2:17.33	3:04.18
4	Crowley, Claire	47	GLB	3:11.24	
		43.84	1:33.09	2:22.59	3:11.24
5	Hynes, Joanne	47	ASGD	3:23.31	
		42.32	1:34.37	2:29.95	3:23.31
6	O Sullivan, Emer	45	Unattached	3:29.09	
		48.08	1:41.00	2:37.31	3:31.70
7	Burke Harmsworth, Lorraine	45	MARLI	3:31.70	
		48.08	1:41.00	2:37.31	3:31.70
8	Danjou, Yvonne	49	SWWES	4:16.49	
		51.61	1:58.55	3:08.07	4:16.49

**Event 6 Women 50-54 200 LC Meter Freestyle**

1	Mc Grath, Helena	51	TRJN	2:42.88	
		38.35	1:20.60	2:02.95	2:42.88
2	Ryan, Maria	51	LimMas	3:12.62	
		43.21	1:32.80	2:23.70	3:12.62
3	Martin, Philomena	54	SWWES	4:00.75	

**Event 6 Women 55-59 200 LC Meter Freestyle**

1	Cahill, Norma	58	ENNIS	2:24.23	
		33.14	1:09.69	1:47.05	2:24.23
2	Mulcair, Anne	55	LimMas	2:54.10	
		38.62	1:22.80	2:09.01	2:54.10
3	O'Neill, Niamh	56	DUBSC	3:14.11	
		41.02	1:28.75	2:21.17	3:14.11
4	Quinn, Sheelagh	57	ASGD	3:23.94	

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 6 Women 55-59 200 LC Meter Freestyle)**

5	Hayes, Maura	56	KIDOM	3:25.71
	43.68	1:37.02	2:30.83	3:25.71

**Event 6 Women 60-64 200 LC Meter Freestyle**

1	Skuodiene, Viktorija	61	MALM	3:26.28
	44.32	1:36.54	2:32.72	3:26.28
2	Callanan, Maeve	63	LimMas	3:30.71
	44.27	1:36.80	2:34.51	3:30.71

**Event 6 Women 65-69 200 LC Meter Freestyle**

1	Ledwith, Dorothy	65	ENNIS	3:03.21
	40.85	1:26.75	2:16.16	3:03.21
2	Oleary, Helen	69	NAC	5:44.31
	1:09.54	2:30.27	4:18.51	5:44.31

**Event 6 Women 70-74 200 LC Meter Freestyle**

1	O Neill, Colette	71	GLB	3:54.37
2	Dunne, Maeve	70	DUBSC	4:19.83
	56.35	2:02.43	3:11.58	4:19.83

**Event 6 Women 75-79 200 LC Meter Freestyle**

1	Mc Namara, Breda	76	LimMas	3:57.53
2	Cross, Deirdre	78	LimMas	4:30.93
	1:02.11	2:10.76	3:22.70	4:30.93

**Event 6 Men 18-24 200 LC Meter Freestyle**

1	Carty, Ryan	23	TEMP	2:46.96
	37.30	1:18.70	2:02.91	2:46.96

**Event 6 Men 25-29 200 LC Meter Freestyle**

1	O'Brien, Gavin	28	COR	2:13.81
	29.86	1:04.12	1:39.16	2:13.81
2	Kelly, Conall	27	DKMSC	2:31.03
	30.27	1:06.80	1:47.82	2:31.03
3	Walsh, Conor	25	STRSC	2:38.30
	36.91	1:16.03	1:57.33	2:38.30

**Event 6 Men 30-34 200 LC Meter Freestyle**

1	Brennan, James	32	CLM	2:24.73
	31.46	1:07.82	1:46.87	2:24.73
2	Parkin, David	30	DKMSC	2:26.96
	31.05	1:07.16	1:46.46	2:26.96
3	De Angelis, Filippo	33	TEMP	2:49.20
	38.62	1:21.44	2:04.89	2:49.20
4	Kelliher, Shane	31	LimMas	3:04.19
	39.89	1:25.64	2:14.71	3:04.19

**Event 6 Men 35-39 200 LC Meter Freestyle**

1	Byrne, Marc	38	TEMP	2:28.60
	35.89	1:13.63	1:52.18	2:28.60
2	Finn, Danny	36	CTRIC	2:33.82
	33.32	1:10.76	1:52.54	2:33.82
3	Crossan, Joey	36	ASGD	2:53.18
	38.04	1:20.65	2:06.86	2:53.18
4	Leahy, Conor	36	LimMas	3:13.88

**Event 6 Men 40-44 200 LC Meter Freestyle**

1	Delfino, Nick	41	WATFD	2:40.50
	35.58	1:15.86	1:57.97	2:40.50
2	Jameson, Niall	40	ASGD	2:44.50
	35.97	1:16.57	1:59.46	2:44.50
3	Vera, Alejandro	43	LimMas	2:51.93
		1:20.79	2:51.93	

4	Long, Declan	42	ASGD	2:54.35
	37.52	1:20.99	2:08.05	2:54.35

5	Mac Gairbheith, Karol	43	Unattached	2:55.26
	37.51	1:21.32	2:09.53	2:55.26

6	Chambers, Alan	41	DUBSC	3:12.40
	40.08	1:24.50	2:20.01	3:12.40

**Event 6 Men 45-49 200 LC Meter Freestyle**

1	Connaughton, Cian	48	NAC	2:26.81
	33.40	1:10.95	1:50.72	2:26.81

2	Sweetman, Anthony	48	NAC	2:28.51
	34.05	1:11.28	1:49.99	2:28.51

3	Munnely, Enda	45	MULJ	2:39.24
	35.89	1:15.00	1:56.56	2:39.24

4	Stafford, William	49	ALS	3:09.03
	43.64	1:31.29	2:21.31	3:09.03

5	Noble, Rob	48	ASGD	3:13.72
	41.54	1:29.27	2:21.77	3:13.72

6	Walsh, Richard	48	SWSC	4:11.32
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**Event 6 Men 50-54 200 LC Meter Freestyle**

1	Battelle, Mark	51	LimMas	2:22.96
	33.55	1:09.20	2:22.96	

2	Lamb, Rob	53	SWSC	2:23.20
	32.90	1:09.59	1:46.82	2:23.20

3	Lodge, Robbie	50	KMSC	2:30.41
	33.75	1:10.84	1:50.76	2:30.41

4	O Dwyer, Fergus	50	GLB	2:33.55
	35.04	1:14.36	1:55.06	2:33.55

5	Quinn, Thomas	50	COR	2:33.77
	32.65	1:11.26	1:53.41	2:33.77

6	Ferland, Martin	51	LimMas	2:37.42
	35.99	1:15.38	1:57.64	2:37.42

7	Lyons, Cormac	51	LimMas	2:51.94
	37.65	1:19.72	2:05.56	2:51.94

8	Swift, Brian	54	LimMas	2:51.95
	38.33	1:21.80	2:07.43	2:51.95

9	Sugrue, Des	54	KIDOM	2:56.54
	40.33	1:24.82	2:11.15	2:56.54

10	Walsh, Jim	54	STRSC	3:01.93
	2:14.69	1:23.80	3:01.93	

11	O Connor, George	52	ALS	3:03.41
	41.98	1:28.92	2:18.75	3:03.41

12	Dennehy, Kevin	52	LimMas	3:19.17
	43.96	1:35.75	2:27.04	3:19.17

13	Ryan, Kieran	54	ASGD	3:22.68
	42.36	1:33.60	2:28.75	3:22.68

14	Shannon, Martin	51	LimMas	3:23.03
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15	Hayes, Kevin	54	ENNIS	3:35.50
	42.65	1:35.41	2:32.79	3:35.50

**Event 6 Men 55-59 200 LC Meter Freestyle**

1	Frize, Robert	56	ALS	2:28.58
	34.70	1:12.97	1:51.59	2:28.58

2	Ryan, John	55	LimMas	2:42.39
	37.10	1:18.71	2:01.50	2:42.39

3	Hamshere, Darren	56	POTTE	2:43.78
	34.54	1:17.27	2:01.44	2:43.78

4	Gormley, Eugene	56	POTTE	2:56.53
	37.55	1:21.79	2:08.65	2:56.53

5	Keane, Michael	57	LimMas	3:19.84
	43.42	1:33.51	2:27.49	3:19.84

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 6 Men 55-59 200 LC Meter Freestyle)**

6	Ryan, Pearse	57	LimMas	3:23.51	3:23.51
	45.03	1:37.18	2:30.74	3:23.51	
7	Hoare, Anthony	58	LimMas	3:24.72	3:24.72
	45.63	1:36.13	3:24.72		
8	Doyle, Brian	56	ASGD	3:31.94	3:31.94
	44.03	1:36.82	2:34.39	3:31.94	
9	Canavan, Tony	55	SWWES	4:00.92	4:00.92
	50.26	1:51.47	2:56.83	4:00.92	

**Event 6 Men 60-64 200 LC Meter Freestyle**

1	Freeman, Boyd	61	ALS	2:35.48	2:35.48
	33.12	1:10.49	1:52.46	2:35.48	
2	O'Sullivan, Declan	63	ALS	2:41.28	2:41.28
	37.91	1:18.71	1:59.89	2:41.28	
3	Ohanlon, John	64	ALS	3:00.82	3:00.82
	41.34	1:27.78	2:15.79	3:00.82	

**Event 6 Men 65-69 200 LC Meter Freestyle**

1	Glasse, David	65	TEMP	2:53.23	2:53.23
	37.40	1:21.71	2:08.34	2:53.23	
2	Irwin, John	65	LURG	2:56.86	2:56.86
	40.49	1:24.84	2:13.03	2:56.86	
3	Byrne, Gabriel	66	TEMP	3:05.59	3:05.59
	41.73	1:28.00	2:17.80	3:05.59	
4	Garrett, John	68	LimMas	4:19.15	4:19.15
	54.17	1:59.26	3:09.66	4:19.15	

**Event 6 Men 70-74 200 LC Meter Freestyle**

1	Mc Mullan, Alan	70	BGR	3:00.53	3:00.53
	37.64	1:22.14	2:10.79	3:00.53	
2	O'Neill, Brendan	70	CTRIC	3:32.09	3:32.09
	46.94	1:42.39	2:39.47	3:32.09	
3	Conran, Pat	70	LimMas	3:42.81	3:42.81
	49.18	1:47.21	2:47.99	3:42.81	

**Event 6 Men 75-79 200 LC Meter Freestyle**

1	O'Brien, Tony	75	ALS	3:11.38	3:11.38
	43.74	1:33.38	2:23.47	3:11.38	
2	Kearney, Paul	76	LimMas	4:10.10	4:10.10

**Event 7 Women 18-24 100 LC Meter Backstroke**

1	Burke, Jessica	23	NAC	1:13.69	1:13.69
	35.48	1:13.69			
2	Hayes, Grace	22	MARLI	1:26.74	1:26.74
	41.56	1:26.74			
3	Jordan, Holly	21	Shannon Masters	1:50.30	1:50.30

**Event 7 Women 25-29 100 LC Meter Backstroke**

1	Cesin Salazar, Saide	27	ALS	1:17.55	1:17.55
	37.33	1:17.55			

**Event 7 Women 30-34 100 LC Meter Backstroke**

1	Almeida, Raine	31	DUBSC	1:17.33	1:17.33
	36.70	1:17.33			
2	Costigan, Catherine	32	COR	1:25.32	1:25.32
	41.11	1:25.32			
3	Sugrue, Elaina	31	SLIGO	1:25.62	1:25.62
4	White, Jill	31	LimMas	1:26.83	1:26.83
	41.98	1:26.83			

**Event 7 Women 35-39 100 LC Meter Backstroke**

1	Galvin Byrne, Johanna	38	ALS	1:18.81	1:18.81
	38.00	1:18.81			

2	Scanlon, Meabh	35	LimMas	1:41.36	1:41.36
	48.55	1:41.36			

3	Mc Evoy, Michelle	39	DKMSC	1:42.77	1:42.77
	49.40	1:42.77			

4	Mc Cullough, Aimee	39	BLFT	2:03.46	2:03.46
	1:00.09	2:03.46			

**Event 7 Women 40-44 100 LC Meter Backstroke**

1	Trzcinska, Agnieszka Maria	41	NAC	1:18.36	1:18.36
	36.96	1:18.36			

2	Cox, Debra	41	NAC	1:35.21	1:35.21
	45.49	1:35.21			

**Event 7 Women 45-49 100 LC Meter Backstroke**

1	Brady, Edith	45	ALS	1:26.58	1:26.58
	41.25	1:26.58			

2	Cantrell, Claire	46	DUBSC	1:27.78	1:27.78
	42.89	1:27.78			

3	Mc Guinness, Aoife	49	LimMas	1:37.57	1:37.57
	47.91	1:37.57			

4	Laffan, Eimear	47	LTC	2:07.19	2:07.19
	1:01.24	2:07.19			

**Event 7 Women 50-54 100 LC Meter Backstroke**

1	Selleri, Rita	51	ALS	1:28.60	1:28.60
	42.51	1:28.60			

2	Fietsch, Uta	50	NENA	1:41.34	1:41.34
	48.63	1:41.34			

3	Powell, Margot	53	SWSC	1:48.68	1:48.68
	51.31	1:48.68			

4	O'Connor, Niamh	52	KIDOM	2:03.01	2:03.01
	59.56	2:03.01			

**Event 7 Women 55-59 100 LC Meter Backstroke**

1	Anikina, Jelena	56	NEND	1:20.56	1:20.56
	39.69	1:20.56			

**Event 7 Women 60-64 100 LC Meter Backstroke**

1	Walker, Blanaid	60	ALS	1:32.07	1:32.07
	44.39	1:32.07			

2	Guidon, Marie	64	ALS	1:52.50	1:52.50
	53.73	1:52.50			

**Event 7 Men 25-29 100 LC Meter Backstroke**

1	Gil Sorribes, Adria	29	DUBSC	1:06.55	1:06.55
	32.78	1:06.55			

**Event 7 Men 30-34 100 LC Meter Backstroke**

1	Rathke, Alex	31	NAC	1:11.93	1:11.93
	34.13	1:11.93			

2	Brennan, Gareth	32	CLM	1:22.00	1:22.00
	39.17	1:22.00			

**Event 7 Men 35-39 100 LC Meter Backstroke**

1	O'Farrell, Kevin	38	ENNIS	1:09.89	1:09.89
	33.23	1:09.89			

2	Ryan, Rory	39	Shannon Masters	1:13.46	1:13.46
	35.02	1:13.46			

**Event 7 Men 40-44 100 LC Meter Backstroke**

1	Tricart, Xavier	42	NAC	1:19.65	1:19.65
	37.89	1:19.65			

**Event 7 Men 45-49 100 LC Meter Backstroke**

1	Conneely, Kevin	48	GLB	1:15.03	1:15.03
	35.69	1:15.03			

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 7 Men 45-49 100 LC Meter Backstroke)**

2	Venckus, Andrius	46	NAC	1:20.94
	40.40	1:20.94		
3	Cushley, David	45	LimMas	1:23.43
	39.54	1:23.43		
4	Travers, Ronan	49	NAC	1:23.95
	39.86	1:23.95		
5	Munnely, Enda	45	MULJ	1:24.54
	41.62	1:24.54		
6	Mc Intyre, John	49	TEMP	1:26.85
7	Stafford, William	49	ALS	1:59.71
	58.93	1:59.71		

**Event 7 Men 50-54 100 LC Meter Backstroke**

1	Mulcahy, Sean	51	DEELM	1:19.46
	38.62	1:19.46		
2	Monaghan, Gerard	50	DUBSC	1:28.25
	42.42	1:28.25		

**Event 7 Men 55-59 100 LC Meter Backstroke**

1	Mc Donnell, Gerard	59	KIDOM	1:25.82
	41.13	1:25.82		
2	Harper, Charles	57	DUBSC	1:26.34
3	Hoare, Anthony	58	LimMas	1:59.59
	56.76	1:59.59		
4	Canavan, Tony	55	SWWES	2:21.95
	1:06.39	2:21.95		

**Event 7 Men 60-64 100 LC Meter Backstroke**

1	Keegan, John	60	DUBSC	1:30.74
	43.52	1:30.74		
2	Brady, Philip	60	LimMas	1:48.58
	50.86	1:48.58		

**Event 7 Men 65-69 100 LC Meter Backstroke**

1	Scanlon, Greg	67	LimMas	1:55.26
	54.00	1:55.26		

**Event 7 Men 70-74 100 LC Meter Backstroke**

1	Mc Mullan, Alan	70	BGR	1:33.43
	45.09	1:33.43		
2	Walshe, Aidan	72	Unattached	2:48.40
	1:22.83	2:48.40		

**Event 7 Men 75-79 100 LC Meter Backstroke**

1	Kelleher, Kieran	75	SANDI	1:43.71
	51.31	1:43.71		
2	Phillips, Jeff	78	ALS	2:13.36
	1:03.23	2:13.36		

**Event 8 Women 18-24 100 LC Meter Breaststroke**

1	Burke, Jessica	23	NAC	1:26.58
	40.12	1:26.58		

**Event 8 Women 25-29 100 LC Meter Breaststroke**

1	Delaney, Clíodhna	28	DKMSC	1:28.87
	40.55	1:28.87		
2	Hahessy, Siobhan	26	WATFD	1:36.73
	45.54	1:36.73		

**Event 8 Women 35-39 100 LC Meter Breaststroke**

1	O'Brien, Fiona	39	LimMas	1:33.00
	42.62	1:33.00		
2	Cannon, Aoife	36	DUBSC	1:47.62
	47.55	1:47.62		

**Event 8 Women 40-44 100 LC Meter Breaststroke**

1	Reid, Charlotte	44	ALS	1:23.15
	39.17	1:23.15		
2	Phelan, Rebecca	40	KMSC	1:33.00
	42.81	1:33.00		
3	Stringer, Ciara	41	ALS	1:41.43
	47.62	1:41.43		
4	Markham, Jennifer	41	ALS	1:46.96
	51.22	1:46.96		

**Event 8 Women 45-49 100 LC Meter Breaststroke**

1	Treanor, Claire	46	KMSC	1:34.50
	45.63	1:34.50		
2	Harris, Rebecca	45	ASGD	1:35.75
	43.72	1:35.75		
3	Antweiler, Kathrin	46	TUAM	2:01.39
	57.58	2:01.39		
4	Cooke, Johanna	46	SWWES	2:14.12
	1:02.82	2:14.12		
5	Danjou, Yvonne	49	SWWES	2:15.95
	1:03.03	2:15.95		

**Event 8 Women 50-54 100 LC Meter Breaststroke**

1	Sparling, Jean	51	LimMas	1:42.52
	49.36	1:42.52		
2	Foley, Deirdre	52	KMSC	1:53.77
	53.49	1:53.77		
3	Lyons, Audrey	51	LimMas	1:58.05
	58.79	1:58.05		
4	Martin, Philomena	54	SWWES	2:19.93
	1:03.93	2:19.93		

**Event 8 Women 55-59 100 LC Meter Breaststroke**

1	Hull, Tracey	58	LISB	1:38.87
	46.37	1:38.87		
2	Shanahan, Elif	58	LimMas	1:49.03
	50.04	1:49.03		

**Event 8 Women 60-64 100 LC Meter Breaststroke**

1	Reilly, Patricia	63	ALS	1:48.11
	51.52	1:48.11		
2	Oneda Kearney, Edmeia	62	LimMas	1:50.28
	53.05	1:50.28		

**Event 8 Women 65-69 100 LC Meter Breaststroke**

1	Keane, Marie	65	COMAN	1:42.59
	49.42	1:42.59		

**Event 8 Women 70-74 100 LC Meter Breaststroke**

1	Dunne, Maeve	70	DUBSC	2:14.10
	1:01.45	2:14.10		
2	O'Neill, Colette	71	GLB	2:23.46
	1:05.62	2:23.46		

**Event 8 Men 25-29 100 LC Meter Breaststroke**

1	Kelly, Conall	27	DKMSC	1:25.25
	40.04	1:25.25		

**Event 8 Men 30-34 100 LC Meter Breaststroke**

1	Whelan, Mark	33	ALS	1:27.96
	43.01	1:27.96		
2	De Angelis, Filippo	33	TEMP	1:28.35
	41.82	1:28.35		
3	Foley, Conor	34	NAC	1:32.94
	43.32	1:32.94		

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

<b>Event 8 Men 35-39 100 LC Meter Breaststroke</b>				2	Canavan, Dermot	65	ALS		1:38.66	
1	Kelleher, Christopher	38	COR		45.60		1:38.66			
	34.00	1:12.29		3	Ruddy, Dan	66	Unattached		2:06.40	
2	Dever, Dara	38	ENNIS		59.51		2:06.40			
	36.97	1:21.77		4	Craddock, John	67	CLM		2:13.39	
3	Mc Intyre, Ronan	36	DUBSC		1:01.54		2:13.39			
	41.19	1:28.71		<b>Event 9 Women 120-159 200 LC Meter Medley Relay</b>						
<b>Event 8 Men 40-44 100 LC Meter Breaststroke</b>				1	ALS		A		2:15.78	
1	Fitzgerald, Colm	41	ENNIS		1) Corry, Therese W29		2) Healy, Christine W30			
	36.01	1:18.89			3) Cesin Salazar, Saide W27		4) Galvin Byrne, Johanna W38			
2	Lane, Stuart	44	DUBSC		33.66	1:13.23	1:45.14	2:15.78		
	40.36	1:26.25		2	NAC		A		2:33.04	
3	Herzig, Peter	43	SKB		1) Cox, Debra W41		2) Harbison, Roisin W28			
	41.32	1:31.25			3) Trzcinska, Agnieszka Maria W41		4) Fallon, Laura W27			
4	Dempsey, Shaun	41	LimMas		44.34	1:27.70	2:01.98	2:33.04		
	43.55	1:35.09		3	LimMas		A		2:34.20	
<b>Event 8 Men 45-49 100 LC Meter Breaststroke</b>					1) Clooney, Natalie W41		2) O'Brien, Fiona W39			
1	Moraghan, Niall	49	ALS		3) Stewart, Alex W22		4) Byrne, Michelle W34			
	35.28	1:13.44			38.95	1:22.25	2:02.98	2:34.20		
2	Straton, Greg	46	ALS		4	DUBSC		A	3:03.23	
	38.30	1:21.02			1) Cantrell, Claire W46		2) Buckley, Elaine W38			
3	Ward, David	46	TEMP		3) Cannon, Aoife W36		4) Daly, Caroline W39			
	38.55	1:22.14			40.54	1:31.58	2:24.63	3:03.23		
4	Ceksis, Valdis	49	BALDO		<b>Event 9 Women 160-199 200 LC Meter Medley Relay</b>					
	44.32	1:33.52		1	ALS		A		2:34.56	
5	Walsh, Donal	46	CLM		1) Selleri, Rita W51		2) Campion, Mariola W45			
	45.12	1:35.32			3) Cingalo, Manuela W48		4) Brady, Edith W45			
6	Corcoran, John	47	ALS		41.21	1:28.53	2:02.57	2:34.56		
	43.95	1:38.24		2	DUBSC		A		2:37.73	
7	Newport, David	48	LimMas		1) Almeida, Raine W31		2) Long, Sarah W33			
	51.66	1:40.60			3) O'Neill, Niamh W56		4) Murray, Denise W46			
8	Stafford, William	49	ALS		36.20	1:21.68	2:02.41	2:37.73		
	52.63	1:51.48		3	LimMas		A		2:50.58	
<b>Event 8 Men 50-54 100 LC Meter Breaststroke</b>					1) Mc Guinness, Aoife W49		2) Newport, Andrea W50			
1	Kearney, Paul J	50	LimMas		3) Armshaw, Aisling W46		4) Ryan, Maria W51			
	39.14	1:22.61			45.34	1:32.81	2:18.51	2:50.58		
2	Stynes, Jason	53	TEMP		4	LimMas		B	2:55.84	
	40.64	1:25.68			1) Lyons, Audrey W51		2) Sparling, Jean W51			
3	Monaghan, Gerard	50	DUBSC		3) Mc Grane, Siobhan W47		4) White, Jill W31			
	42.10	1:29.87			1:00.82	1:47.80	2:23.15	2:55.84		
4	Fitzgibbon, Ronnie	54	KIDOM		5	KIDOM		A	3:28.13	
	44.00	1:33.49			1) Boyd, Antoinette W53		2) Doberschuetz-O Shaug, Marta W			
5	Hayes, Kevin	54	ENNIS		3) Pinckheard, Rebecca W35		4) Fox, Mairead W53			
	57.25	2:03.97			54.44	1:54.68	2:47.00	3:28.13		
6	Brennan, Aidan J	53	KMSC		<b>Event 9 Women 200-239 200 LC Meter Medley Relay</b>					
	1:15.10	2:33.92		1	ALS		A		2:21.08	
<b>Event 8 Men 55-59 100 LC Meter Breaststroke</b>					1) Reid, Charlotte W44		2) Morris, Deirdre W53			
1	Wood, Trevor	58	ALS		3) Mulcahy, Cara W57		4) Farrelly, Sarah W50			
	44.86	1:31.92			38.49	1:16.83	1:51.60	2:21.08		
<b>Event 8 Men 60-64 100 LC Meter Breaststroke</b>				2	LimMas		A		3:16.72	
1	Brady, Philip	60	LimMas		1) Mulcair, Mary W53		2) Shanahan, Elif W58			
	48.16	1:43.03			3) Mulcair, Anne W55		4) Birmingham, Ann W58			
2	O Mahony, John	61	DUBSC		52.78	1:41.47	2:25.79	3:16.72		
	52.22	1:52.16		<b>Event 9 Women 240-279 200 LC Meter Medley Relay</b>						
<b>Event 8 Men 65-69 100 LC Meter Breaststroke</b>				1	ALS		A		2:44.09	
1	Winckworth, Trevor	66	COR		1) Walker, Blanaid W60		2) Reilly, Patricia W63			
	45.16	1:37.59			3) Cummins, Anne W59		4) Morris, Dymphna W62			
					42.54	1:28.54	2:08.32	2:44.09		

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 9 Women 240-279 200 LC Meter Medley Relay)**

2	LimMas	A		3:41.63
	1) Callanan, Maeve W63	2) O Boyle, Eileen W56		
	3) Oneda Kearney, Edmeia W62			
	1:53.74	2:47.42	3:41.63	

**Event 10 Men 120-159 200 LC Meter Medley Relay**

1	COR	A		2:00.91
	1) Laffan, Paul M31	2) O Riordan, Jerry M49		
	3) Cussen, Robert M32	4) O Brien, Gavin M28		
	30.13	1:06.59	1:34.12	2:00.91
2	LimMas	A		2:54.87
	1) Leahy, Conor M36	2) Dempsey, Shaun M41		
	3) Vera, Alejandro M43	4) Kelliher, Shane M31		
	54.86	1:37.86	2:18.16	2:54.87

**Event 10 Men 160-199 200 LC Meter Medley Relay**

1	ALS	A		1:57.38
	1) Foster, Eoin M44	2) Moraghan, Niall M49		
	3) Cunningham, John M53	4) O Muircheartaigh, Paraic M46		
	32.20	1:04.01	1:31.41	1:57.38
2	NAC	A		2:09.61
	1) Rathke, Alex M31	2) Sweetman, Anthony M48		
	3) Connaughton, Cian M48	4) Debtuch, Daniel M49		
	32.22	1:10.91	1:41.21	2:09.61
3	DUBSC	A		2:14.68
	1) Gil Sorribes, Adria M29	2) Lane, Stuart M44		
	3) O Dunlaing, Ceall M52	4) Ribeiro, Douglas M42		
	31.30	1:08.95	1:43.67	2:14.68
4	ENNIS	A		2:15.08
	1) O'Farrell, Kevin M38	2) Fitzgerald, Colm M41		
	3) Dever, Dara M38	4) Phelan, Paschal M58		
	32.87	1:07.53	1:43.78	2:15.08
5	TEMP	A		2:16.51
	1) Mc Intyre, John M49	2) Stynes, Jason M53		
	3) Ward, David M46	4) Mc Garry, Ian M45		
	38.91	1:15.43	1:47.19	2:16.51
6	ASGD	A		2:25.17
	1) Joyce, Paul M53	2) Beacom, Ross M47		
	3) Joyce, Aran M21	4) Harris, Brian M45		
	44.62	1:23.74	1:56.35	2:25.17
7	LimMas	A		2:35.42
	1) Cushley, David M45	2) Newport, David M48		
	3) Kearney, Paul J M50	4) O Kelly, Eoin M50		
	38.36	1:20.67	1:55.05	2:35.42
8	DUBSC	B		2:38.95
	1) Keegan, John M60	2) Monaghan, Gerard M50		
	3) Mc Intyre, Ronan M36	4) Chambers, Alan M41		
	41.80	1:22.76	2:03.94	2:38.95

**Event 10 Men 200-239 200 LC Meter Medley Relay**

1	ALS	A		2:11.94
	1) O Raghallaigh, Conall M56	2) Straton, Greg M46		
	3) Frize, Robert M56	4) Rees, Steve M44		
	35.87	1:10.52	1:43.27	2:11.94
2	LimMas	A		2:24.32
	1) Higgins, Eugene M51	2) Lyons, Cormac M51		
	3) Battelle, Mark M51	4) Healy, Patrick M62		
	41.40	1:23.09	1:52.07	2:24.32
3	TEMP	A		2:33.88
	1) Glassey, David M65	2) De Angelis, Filippo M33		
	3) Byrne, Marc M38	4) Byrne, Gabriel M66		
	48.78	1:27.75	2:00.50	2:33.88

**Event 10 Men 240-279 200 LC Meter Medley Relay**

1	ALS	A		2:28.87
	1) Freeman, Boyd M61	2) Boran, Bernard M63		
	3) O'Sullivan, Declan M63	4) Kennedy, Paul M62		
	38.12	1:19.22	1:55.88	2:28.87
2	LimMas	A		2:51.81
	1) Scanlon, Greg M67	2) Harbison, Harry M66		
	3) Swift, Brian M54	4) Ryan, John M55		
	50.31	1:36.14	2:18.98	2:51.81

**Event 10 Men 280-319 200 LC Meter Medley Relay**

1	NAC	A		2:35.13
	1) Harte, Declan M71	2) Meade, Jack M75		
	3) Golden, Dan M72	4) Hatherell, Andrew M63		
	42.85	1:29.58	2:03.24	2:35.13
2	ALS	A		2:46.51
	1) Morris, Tony M68	2) Canavan, Dermot M65		
	3) O'Brien, Tony M75	4) Mason, Jonathan M73		
	40.65	1:23.65	2:07.84	2:46.51

**Event 11 Mixed 120-159 200 LC Meter Medley Relay**

1	NAC	A		2:18.34
	1) Travers, Ronan M49	2) Foley, Conor M34		
	3) Hernandez Navarro, Lucia W23	4) Harbison, Roisin W28		
	37.53	1:17.02	1:47.03	2:18.34
2	DUBSC	A		2:24.84
	1) Gil Sorribes, Adria M29	2) Long, Sarah W33		
	3) Almeida, Raine W31	4) O Dunlaing, Ceall M52		
	31.92	1:16.55	1:51.43	2:24.84
3	ASGD	A		2:27.53
	1) Harris, Brian M45	2) Harris, Rebecca W45		
	3) Joyce, Aran M21	4) Carter, Janice W40		
	34.70	1:17.05	1:50.82	2:27.53
4	LimMas	A		2:37.25
	1) Clooney, Natalie W41	2) Dempsey, Shaun M41		
	3) Vera, Alejandro M43	4) Byrne, Michelle W34		
	41.84	1:25.14	2:03.41	2:37.25

**Event 11 Mixed 160-199 200 LC Meter Medley Relay**

1	ALS	A		2:16.76
	1) Brady, Edith W45	2) Straton, Greg M46		
	3) Cingalo, Manuela W48	4) Moraghan, Niall M49		
	39.14	1:14.47	1:48.78	2:16.76
2	KIDOM	A		2:20.84
	1) O Connell, Claire W32	2) Fitzgibbon, Ronnie M54		
	3) Mc Donnell, Gerard M59	4) Pinckheard, Rebecca W35		
	33.51	1:14.08	1:46.47	2:20.84
3	COR	A		2:31.73
	1) Costigan, Catherine W32	2) Winckworth, Trevor M66		
	3) Pierce, Kevin M33	4) Glynn, Sinead W32		
	39.77	1:22.39	2:01.12	2:31.73
4	LimMas	A		2:34.81
	1) Scanlon, Meabh W35	2) Kearney, Paul J M50		
	3) Armshaw, Aisling W46	4) Cushley, David M45		
	47.19	1:24.20	2:03.86	2:34.81
5	SLIGO	A		2:47.79
	1) Quinn, Carley W31	2) Sugrue, Elaina W31		
	3) Doran, Tim M37	4) Eames, Enda M67		
	44.38	1:32.55	2:02.93	2:47.79
6	DUBSC	A		2:54.92
	1) Barrett, Darina W56	2) Redmond, Cliff M50		
	3) Dunleavy, Sarah W50	4) Chambers, Alan M41		
	47.28	1:35.07	2:23.10	2:54.92

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 11 Mixed 160-199 200 LC Meter Medley Relay)**

7	ASGD	A		3:03.36
	1) Joyce, Paul M53	2) Hynes, Joanne W47		
	3) Crossan, Joey M36	4) Quinn, Sheelagh W57		
	47.04	1:40.85	2:19.76	3:03.36

**Event 11 Mixed 200-239 200 LC Meter Medley Relay**

1	ALS	A		2:07.22
	1) Foster, Eoin M44	2) Morris, Deirdre W53		
	3) Cunningham, John M53	4) Farrelly, Sarah W50		
	32.85	1:10.70	1:38.30	2:07.22

2	LimMas	A		2:44.80
	1) Higgins, Eugene M51	2) Shanahan, Elif W58		
	3) Mulcair, Anne W55	4) Battelle, Mark M51		
	43.09	1:32.57	2:16.17	2:44.80

3	DUBSC	A		2:51.07
	1) Cantrell, Claire W46	2) Monaghan, Gerard M50		
	3) O Neill, Niamh W56	4) O Mahony, John M61		
	40.57	1:23.14	2:04.92	2:51.07

4	KMSC	A		3:19.25
	1) Lodge, Robbie M50	2) Brennan, Aidan J M53		
	3) O Carroll, Elaine W63	4) Foley, Deirdre W52		
	41.55	1:52.05	2:34.38	3:19.25

5	SWWES	A		3:56.31
	1) Danjou, Yvonne W49	2) Cooke, Johanna W46		
	3) Canavan, Tony M55	4) Martin, Philomena W54		
	1:04.51	2:04.49	3:09.86	3:56.31

**Event 11 Mixed 240-279 200 LC Meter Medley Relay**

1	ALS	A		2:34.62
	1) Freeman, Boyd M61	2) Reilly, Patricia W63		
	3) Halpin, Niamh W62	4) Boran, Bernard M63		
	38.30	1:23.91	2:02.36	2:34.62

2	LimMas	A		3:07.08
	1) Callanan, Maeve W63	2) Harbison, Harry M66		
	3) Mulcair, Mary W53	4) Healy, Patrick M62		
	1:02.47	1:47.90	2:35.17	3:07.08

**Event 11 Mixed 280-319 200 LC Meter Medley Relay**

1	ALS	A		3:17.69
	1) Fitzpatrick, Mary W71	2) Morris, Tony M68		
	3) O Brien, Tony M75	4) Morris, Coilne W67		
	59.34	1:44.67	2:28.87	3:17.69

2	LimMas	A		3:49.20
	1) Mc Namara, Breda W76	2) Kearney, Paul M76		
	3) Oneda Kearney, Edmeia W62	4) Mc Namara, Mike M78		
	1:05.34	2:02.59	2:56.26	3:49.20

**Event 12 Women 25-29 800 LC Meter Freestyle**

1	Stokes Hurley, Sydney	27	KIDOM	14:49.54
	44.28	1:35.78	2:30.10	3:27.29
	4:22.69	5:20.23	6:17.36	7:16.02
	8:13.27	9:12.09	10:10.38	11:09.52
	12:03.71	12:59.81	13:55.95	14:49.54

**Event 12 Women 35-39 800 LC Meter Freestyle**

1	Mackey, Sarah	35	NENA	12:23.39
	38.19	1:20.82	2:06.75	2:53.09
	3:40.54	4:27.65	5:15.51	6:03.13
	6:51.07	7:39.81	8:27.71	9:15.63
	10:04.27	10:51.27	11:38.14	12:23.39

**Event 12 Women 40-44 800 LC Meter Freestyle**

1	Brennan, Caroline	42	GLB	12:48.21
	43.74	1:32.72	2:22.87	3:13.03
	4:02.65	4:52.14	5:41.13	6:30.23
	7:19.21	8:07.86	8:56.44	9:45.17
	10:31.98	11:19.82	12:05.00	12:48.21

2	Collins, Carmel	44	SANDI	13:01.29
	42.96	1:30.15	2:18.47	3:07.33
	3:55.44	4:45.44	5:35.08	6:24.65
	7:13.84	8:03.97	8:53.88	9:44.06
	10:33.54	11:23.62	12:13.09	13:01.29

3	Healy, Brenda	42	SB SC	13:08.64
	41.44	1:27.32	2:16.40	3:05.74
	3:56.23	4:45.25	5:35.53	6:26.16
	7:16.39	8:06.64	8:58.35	9:47.90
	10:40.07	11:29.13	12:19.91	13:08.64

4	Nugent, Nicola	41	ASGD	15:05.50
	50.76	1:44.78	2:40.65	3:37.07
	4:34.56	5:31.79	6:29.68	7:26.25
	8:24.71	9:22.96	10:20.68	11:19.07
	12:18.58	13:16.02	14:13.88	15:05.50

**Event 12 Women 45-49 800 LC Meter Freestyle**

1	Cummings, Bronwyn	45	ALS	12:56.07
	41.67	1:29.22	2:18.69	3:08.48
	3:58.53	4:47.98	5:38.60	6:28.26
	7:17.87	8:07.44	8:56.94	9:46.58
	10:35.98	11:24.30	12:10.74	12:56.07

2	Laffan, Eimear	47	LTC	14:39.17
	47.53	1:40.90	2:36.90	3:34.37
	4:30.60	5:28.09	6:23.63	7:20.01
	8:15.87	9:10.88	10:07.19	11:02.59
	11:57.41	12:51.26	13:46.06	14:39.17

**Event 12 Women 50-54 800 LC Meter Freestyle**

1	Newport, Andrea	50	LimMas	12:33.27
	41.31	1:28.00	2:14.17	3:03.16
	3:49.73	4:38.37	5:24.94	6:13.63
	7:00.17	7:48.54	8:35.90	9:24.54
	10:11.34	11:00.10	11:46.69	12:33.27

**Event 12 Women 55-59 800 LC Meter Freestyle**

1	Barrett, Darina	56	DUBSC	14:13.15
	45.50	1:36.81	2:30.72	3:25.85
	4:20.04	5:14.85	6:09.19	7:03.90
	7:57.60	8:51.90	9:45.53	10:39.72
	11:33.35	12:27.65	13:20.61	14:13.15

2	Barry, Christine	55	LFD	15:59.51
	51.00	1:48.42	2:48.45	3:50.05
	4:51.05	5:52.82	6:53.23	7:53.84
	8:55.85	9:57.04	10:57.90	11:58.36
	12:59.93	13:59.88	15:00.74	15:59.51

**Event 12 Women 60-64 800 LC Meter Freestyle**

1	Morris, Dymphna	62	ALS	12:17.18
	40.52	1:24.10	2:08.52	2:53.74
	3:39.94	4:26.71	5:13.69	6:01.34
	6:48.65	7:36.01	8:23.34	9:10.57
	9:57.72	10:44.68	11:31.48	12:17.18

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

Event 12 Women 60-64 800 LC Meter Freestyle					Event 12 Men 50-54 800 LC Meter Freestyle				
2	Callanan, Maeve	63	LimMas	14:56.52	6	Lindopp, David	45	TEMP	12:17.94
	50.60	1:46.62	2:43.93	3:41.30		2:10.90	1:26.08		
	4:39.30	5:36.28	6:33.59	7:29.50		6:51.83	7:39.18	8:25.40	9:13.20
	8:26.26	9:23.04	10:19.30	11:15.34			10:46.34	11:32.44	12:17.94
	12:10.88	13:06.83	14:02.45	14:56.52					
Event 12 Men 30-34 800 LC Meter Freestyle					Event 12 Men 50-54 800 LC Meter Freestyle				
1	Brennan, James	32	CLM	10:32.10	1	O Dunlaing, Ceall	52	DUBSC	11:03.95
	34.42	1:12.68	1:52.54	2:32.65		35.76	1:15.96	1:56.98	2:39.46
	3:13.17	3:53.85	4:34.58	5:14.59		3:21.19	4:03.74	4:45.90	5:28.30
	5:55.18	6:35.78	7:16.59	7:56.86		6:10.52	6:52.58	7:34.76	8:17.03
	8:37.26	9:16.93	9:55.85	10:32.10		8:59.76	9:41.90	10:23.23	11:03.95
2	Gray, Alex	31	GLB	11:36.38	2	Ferland, Martin	51	LimMas	11:56.39
	38.86	1:21.44	2:05.63	2:49.65		38.54	1:21.69	2:07.23	2:52.35
	3:34.45	4:19.44	5:04.52	5:49.37		3:37.84	4:23.72	5:10.05	5:55.80
	6:33.93	7:17.77	8:01.68	8:45.12		6:41.19	7:26.80	8:12.31	8:57.71
	9:28.99	10:12.14	10:54.86	11:36.38		9:43.70	10:29.08	11:14.28	11:56.39
					3	Cahill, Barry	53	ASGD	12:53.93
						38.29	1:22.18	2:09.82	2:57.80
						3:47.89	4:37.72	5:28.59	6:18.75
						7:08.83	7:58.89	8:48.88	9:38.32
						10:28.58	11:17.11	12:06.56	12:53.93
					4	Swift, Brian	54	LimMas	12:55.79
						42.22	1:30.85	2:20.87	3:11.77
						4:01.74	4:51.81	5:41.75	6:31.74
						7:20.81	8:09.86	8:58.08	9:46.74
						10:35.37	11:23.42	12:11.12	12:55.79
					5	Powell, Andrew	52	CROTC	13:27.35
						42.22	1:29.28	2:18.88	3:08.89
						4:01.36	4:53.55	5:45.34	6:37.24
						7:28.55	8:19.85	9:12.13	10:03.94
						10:55.92	11:47.89	12:37.53	13:27.35
					6	Redmond, Cliff	50	DUBSC	14:16.58
						46.21	1:39.31	2:36.71	3:32.72
						4:29.85	5:25.54	6:23.06	7:18.42
						8:11.14	9:03.30	9:57.84	10:50.36
						11:44.17	12:37.56	13:30.04	14:16.58
					7	Dennehy, Kevin	52	LimMas	14:17.35
						51.11	1:44.74	2:39.09	3:33.04
						4:26.49	5:20.25	6:13.60	7:07.48
						8:01.27	8:55.37	9:48.56	10:41.61
						11:34.86	12:29.55	13:23.83	14:17.35
					8	O Kelly, Eoin	50	LimMas	16:32.90
						49.80	1:48.47	2:50.73	3:52.44
						4:53.79	5:56.11	7:00.52	8:03.35
						9:06.90	10:11.22	11:16.05	12:19.42
						13:24.64	14:28.62	15:33.85	16:32.90
Event 12 Men 40-44 800 LC Meter Freestyle					Event 12 Men 55-59 800 LC Meter Freestyle				
1	Ribeiro, Douglas	42	DUBSC	11:03.89	1	Phelan, Paschal	58	ENNIS	11:45.30
	38.29	1:20.58	2:03.45	2:47.13		36.19	1:16.07	1:57.97	2:41.58
	3:30.21	4:13.76	4:56.81	5:39.39		3:25.35	4:10.27	4:54.89	5:39.78
	6:20.43	7:02.04	7:43.70	8:24.70		6:24.57	7:10.34	7:56.37	8:42.33
	9:06.22	9:46.04	10:25.40	11:03.89		9:28.52	10:14.60	11:00.21	11:45.30
2	Teeling Lynch, Stephan	41	Shannon Masters	11:05.29	2	O Sullivan, Niall	55	DUBSC	12:37.50
	36.56	1:16.95	1:57.96	2:39.71		41.26	1:27.05	2:13.51	3:00.63
	3:21.81	4:03.40	4:45.75	5:27.38		3:48.85	4:37.72	5:26.56	6:15.73
	6:09.64	6:52.30	7:35.07	8:17.70		7:05.01	7:53.48	8:42.61	9:31.27
	9:00.53	9:43.13	10:24.98	11:05.29		10:18.73	11:05.25	11:52.54	12:37.50
3	De Waard, Paul	42	SANDI	11:49.26					
	37.23	1:19.76	2:04.66	2:50.01					
	3:35.31	4:20.32	5:06.11	5:51.47					
	6:37.12	7:22.21	8:07.72	8:52.84					
	9:38.30	10:22.78	11:07.40	11:49.26					
Event 12 Men 45-49 800 LC Meter Freestyle									
1	Harris, Brian	45	ASGD	10:17.84					
	35.33	1:13.74	1:53.32	2:33.34					
	3:13.80	3:54.06	4:34.21	5:13.37					
	5:52.37	6:31.01	7:09.72	7:48.34					
	8:26.80	9:04.88	9:42.47	10:17.84					
2	Odoherthy, Shane	45	SLIGO	10:57.78					
	36.67	1:16.92	1:57.61	2:39.78					
	3:21.04	4:03.25	4:44.97	5:26.93					
	6:08.27	6:50.05	7:31.48	8:13.20					
	8:54.65	9:36.42	10:18.22	10:57.78					
3	Beacom, Ross	47	ASGD	11:04.22					
	36.53	1:17.14	1:59.07	2:41.26					
	3:23.64	4:06.48	4:49.16	5:31.42					
	6:14.04	6:56.29	7:38.86	8:20.59					
	9:02.83	9:44.97	10:26.34	11:04.22					
4	Grogan, Michael	47	GLB	11:49.12					
	41.72	1:26.04	2:12.16	2:56.90					
	3:41.67	4:26.55	5:11.04	5:55.32					
	6:40.17	7:24.48	8:09.68	8:54.07					
	9:38.78	10:23.40	11:07.23	11:49.12					
5	Quinn, Adrian	47	CTRIC	11:59.73					
	39.47	1:22.18	2:07.15	2:52.71					
	3:39.08	4:25.64	5:12.41	5:58.35					
	6:44.53	7:29.92	8:16.11	9:02.15					
	9:48.34	10:33.70	11:18.19	11:59.73					



## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 12 Men 55-59 800 LC Meter Freestyle)**

3	Doyle, Brian	56	ASGD	15:18.84
	48.23	1:42.59	2:39.26	3:36.41
	4:33.65	5:31.60	6:29.39	7:27.02
	8:26.00	9:24.96	10:24.29	11:23.03
	12:22.84	13:22.55	14:22.49	15:18.84

**Event 12 Men 60-64 800 LC Meter Freestyle**

1	Di Biagio, Ruggero	63	ALS	13:17.26
	39.66	1:26.27	2:15.59	3:05.09
	3:54.99	4:45.15	5:35.78	6:26.86
	7:17.80	8:09.00	9:01.57	9:53.06
	10:44.64	11:35.88	12:27.66	13:17.26
2	Kavanagh, Niall	61	MARLI	14:16.93
	46.27	1:39.18	2:36.80	5:24.90
	6:20.71	7:16.30	8:10.91	9:05.19
	9:58.96	10:51.76	11:45.15	12:38.41
	13:29.86	14:17.01	14:16.93	

**Event 12 Men 65-69 800 LC Meter Freestyle**

1	Scanlon, Greg	67	LimMas	14:03.90
	50.69	1:44.91	2:39.05	3:32.86
	4:26.35	5:19.99	6:13.50	7:07.41
	8:01.06	8:54.89	9:48.25	10:40.87
	11:32.64	12:24.37	13:15.44	14:03.90
2	O'Donnell, Thomas	69	LimMas	15:10.56
	52.06	1:52.23	2:49.50	3:47.89
	4:45.05	5:43.99	6:39.67	7:38.78
	8:34.72	9:33.97	10:30.19	11:28.74
	12:24.06	13:22.41	14:16.30	15:10.56

**Event 12 Men 70-74 800 LC Meter Freestyle**

1	Genest, Rob	73	GLB	11:50.72
		1:25.68		2:57.68
		4:27.76		5:57.53
		7:26.87		8:56.90
		10:25.79	11:10.24	11:50.72

**Event 13 Women 35-39 400 LC Meter IM**

1	White, Alison	36	TMORE	5:37.86
	35.71	1:17.26	2:03.91	2:48.56
	3:34.58	4:20.18	4:59.93	5:37.86

**Event 13 Women 60-64 400 LC Meter IM**

1	Walker, Blanaid	60	ALS	7:33.85
	54.25	1:55.02	2:50.56	3:45.53
	4:49.22	5:52.57	6:43.86	7:33.85

**Event 13 Men 40-44 400 LC Meter IM**

1	Ribeiro, Douglas	42	DUBSC	6:21.09
	41.80	1:33.81	2:27.74	3:19.13
	4:10.85	5:02.73	5:42.63	6:21.09

**Event 13 Men 45-49 400 LC Meter IM**

---	Lindopp, David	45	TEMP	DQ
	47.33	1:46.99	2:55.74	4:00.22
	4:59.80	5:58.19		DQ

**Event 13 Men 60-64 400 LC Meter IM**

1	O'Sullivan, Declan	63	ALS	6:48.88
	48.41	1:40.91	2:35.17	3:28.03
	4:26.20	5:24.63	6:07.80	6:48.88

**Event 14 Women 18-24 100 LC Meter Freestyle**

1	Burke, Jessica	23	NAC	1:04.83
	31.43	1:04.83		
2	Hernandez Navarro, Lucia	23	NAC	1:04.90
	30.95	1:04.90		
3	Hayes, Grace	22	MARLI	1:11.87
	33.77	1:11.87		
4	Ball, Joanne	21	ALS	1:18.13
	37.18	1:18.13		
5	Blyth, Stacie	20	CROTC	1:18.37
	36.41	1:18.37		

**Event 14 Women 25-29 100 LC Meter Freestyle**

1	Corry, Therese	29	ALS	1:01.80
	30.07	1:01.80		
2	Delaney, Clíodhna	28	DKMSC	1:05.57
3	Harbison, Roisin	28	NAC	1:10.58
	33.08	1:10.58		
4	Whyte, Elaine	29	MALM	1:12.94
	34.13	1:12.94		
5	Hahessy, Siobhan	26	WATFD	1:13.24
	34.29	1:13.24		
6	Lucey, Pauline	28	TALM	1:24.81
	40.22	1:24.81		

**Event 14 Women 30-34 100 LC Meter Freestyle**

1	O'Connell, Claire	32	KIDOM	1:01.76
	29.72	1:01.76		
2	Linehan, Maeve	33	MALM	1:08.95
	32.96	1:08.95		
3	Glynn, Sinead	32	COR	1:11.54
	33.86	1:11.54		
4	Sugrue, Elaina	31	SLIGO	1:15.74
	35.31	1:15.74		

**Event 14 Women 35-39 100 LC Meter Freestyle**

1	Galvin Byrne, Johanna	38	ALS	1:08.29
	32.28	1:08.29		
2	Doyle, Eimear	37	GLB	1:24.09
	40.47	1:24.09		
3	Buckley, Elaine	38	DUBSC	1:31.71
	40.42	1:31.71		
4	Mc Evoy, Michelle	39	DKMSC	1:33.10
	45.62	1:33.10		
5	Graham, Laura	39	LimMas	1:33.16
	40.97	1:33.16		

**Event 14 Women 40-44 100 LC Meter Freestyle**

1	Reid, Charlotte	44	ALS	1:05.31
2	Stringer, Ciara	41	ALS	1:20.06
	37.99	1:20.06		
3	Markham, Jennifer	41	ALS	1:22.61
	40.98	1:22.61		
4	Mc Kee, Bernie	40	ENNIS	1:23.99
	39.64	1:23.99		
5	Walsh, Catherine	44	LimMas	1:25.47
	41.49	1:25.47		
6	Nugent, Nicola	41	ASGD	1:34.17
	45.97	1:34.17		

**Event 14 Women 45-49 100 LC Meter Freestyle**

1	Mc Grane, Siobhan	47	LimMas	1:09.95
	34.08	1:09.95		

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 14 Women 45-49 100 LC Meter Freestyle)**

2	Kearney, Deirdre	49	LimMas	1:10.54
	33.67			1:10.54
3	Cingalo, Manuela	48	ALS	1:11.31
	34.20			1:11.31
4	Mc Guinness, Arlene	46	COMAN	1:11.94
	34.06			1:11.94
5	Brady, Edith	45	ALS	1:14.64
	34.98			1:14.64
6	Cantrell, Claire	46	DUBSC	1:19.65
	38.16			1:19.65
7	Murray, Denise	46	DUBSC	1:21.88
	37.67			1:21.88
8	Hynes, Joanne	47	ASGD	1:31.03
	41.69			1:31.03
9	O Sullivan, Emer	45	Unattached	1:35.16
	46.39			1:35.16
10	Burke Harmsworth, Lorraine	45	MARLI	1:37.42
	47.28			1:37.42
11	Coman, Juliet	45	LimMas	1:48.62
	45.50			1:48.62

**Event 14 Women 50-54 100 LC Meter Freestyle**

1	Savage, Suzanne	50	POTTE	1:20.81
	38.21			1:20.81
2	Horrigan, Carol	52	LimMas	1:25.86
	39.11			1:25.86
3	Dunleavy, Sarah	50	DUBSC	1:26.41
	41.48			1:26.41
4	Fox, Mairead	53	KIDOM	1:29.75
	42.68			1:29.75
5	Fietsch, Uta	50	NENA	1:30.46
	43.76			1:30.46
6	Ryan, Maria	51	LimMas	1:31.66
	44.21			1:31.66
7	Boyd, Antoinette	53	KIDOM	1:37.67
	46.06			1:37.67
8	O Connor, Niamh	52	KIDOM	1:39.50
	46.56			1:39.50
9	Guiney, Lynn	53	DUBSC	1:40.59
	46.51			1:40.59
10	Markey, Heather	52	ALS	1:40.96
	47.95			1:40.96
11	Clancy, Barbara	51	LimMas	1:42.23
	46.99			1:42.23
12	Lyons, Audrey	51	LimMas	1:43.88
	46.96			1:43.88

**Event 14 Women 55-59 100 LC Meter Freestyle**

1	Cahill, Norma	58	ENNIS	1:07.36
	32.40			1:07.36
2	Cummins, Anne	59	ALS	1:20.02
	38.34			1:20.02
3	Hull, Tracey	58	LISB	1:24.55
	40.04			1:24.55
4	O'Neill, Niamh	56	DUBSC	1:26.21
	39.11			1:26.21
5	Birmingham, Ann	58	LimMas	1:33.70
	44.79			1:33.70
6	Quinn, Sheelagh	57	ASGD	1:35.10
	44.63			1:35.10

7	O Boyle, Eileen	56	LimMas	1:53.05
	53.72			1:53.05

**Event 14 Women 60-64 100 LC Meter Freestyle**

1	Skuodiene, Viktorija	61	MALM	1:35.82
	45.28			1:35.82
2	Brennam, Patricia	62	ALS	2:19.99
	1:06.17			2:19.99

**Event 14 Women 65-69 100 LC Meter Freestyle**

1	Ledwith, Dorothy	65	ENNIS	1:25.54
	41.24			1:25.54
2	Morris, Coilne	67	ALS	1:51.97
	52.06			1:51.97
3	Keane, Geraldine	68	LimMas	1:57.65
	55.86			1:57.65

**Event 14 Women 70-74 100 LC Meter Freestyle**

1	O'Neill, Colette	71	GLB	1:54.94
	54.91			1:54.94
2	Dunne, Maeve	70	DUBSC	2:01.10
	56.31			2:01.10
3	Murphy, Katherine	73	ALS	2:11.56
	1:02.73			2:11.56

**Event 14 Women 75-79 100 LC Meter Freestyle**

1	Mc Namara, Breda	76	LimMas	2:02.74
2	Cross, Deirdre	78	LimMas	2:09.11
	1:00.97			2:09.11
3	Moore, Deirdre	78	ALS	2:26.16
	1:10.70			2:26.16

**Event 14 Men 18-24 100 LC Meter Freestyle**

1	O Keeffe Tighe, Cian	23	TRJN	54.75
	25.88			54.75
2	Refson, Benji	20	POTTE	1:03.17
	29.82			1:03.17

**Event 14 Men 25-29 100 LC Meter Freestyle**

1	Grigalionis, Deividas	29	Shannon Masters	54.65
	26.60			54.65
2	O'Brien, Gavin	28	COR	59.10
	27.37			59.10
3	Walsh, Conor	25	STRSC	1:10.46
	33.73			1:10.46

**Event 14 Men 30-34 100 LC Meter Freestyle**

1	Laffan, Paul	31	COR	54.17
	25.58			54.17
2	Cussen, Robert	32	COR	59.23
	28.03			59.23
3	Parkin, David	30	DKMSC	1:00.47
	29.11			1:00.47
4	O'Donoghue, Matthew	31	GUINN	1:02.27
	29.56			1:02.27
5	Rathke, Alex	31	NAC	1:02.31
	28.77			1:02.31
6	Whelan, Mark	33	ALS	1:06.57
	32.79			1:06.57
7	Brennan, Gareth	32	CLM	1:08.45
	31.37			1:08.45
8	Foley, Conor	34	NAC	1:19.23
	35.06			1:19.23
9	Lynch, Cormac	33	ALS	1:22.00
	37.52			1:22.00

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 14 Men 30-34 100 LC Meter Freestyle)**

10	Kelliher, Shane	31	LimMas	1:24.50
	40.40		1:24.50	

**Event 14 Men 35-39 100 LC Meter Freestyle**

1	Bandiera, Matteo	37	GUINN	1:00.68
	29.02		1:00.68	
2	O Connell, James	36	MALM	1:01.21
	28.92		1:01.21	
3	O'Farrell, Kevin	38	ENNIS	1:01.27
	29.29		1:01.27	
4	Doran, Tim	37	SLIGO	1:01.97
	29.22		1:01.97	
5	Byrne, Marc	38	TEMP	1:04.98
	31.83		1:04.98	
6	Crossan, Joey	36	ASGD	1:12.01
	33.50		1:12.01	
7	Mc Intyre, Ronan	36	DUBSC	1:15.22
	36.54		1:15.22	
8	Leahy, Conor	36	LimMas	1:25.09
	41.85		1:25.09	

**Event 14 Men 40-44 100 LC Meter Freestyle**

1	Fitzgerald, Colm	41	ENNIS	1:01.15
	28.99		1:01.15	
2	May, Mark	43	GUINN	1:06.24
3	Mac Gairbheith, Karol	43	Unattached	1:14.97
	35.09		1:14.97	
4	Long, Declan	42	ASGD	1:17.98
	35.87		1:17.98	
5	Dempsey, Shaun	41	LimMas	1:26.39
	41.09		1:26.39	

**Event 14 Men 45-49 100 LC Meter Freestyle**

1	Reilly, John	47	LimMas	1:00.92
	28.51		1:00.92	
2	Connaughton, Cian	48	NAC	1:02.23
	29.66		1:02.23	
3	O Muircheartaigh, Paraic	46	ALS	1:02.32
	28.94		1:02.32	
4	Sweetman, Anthony	48	NAC	1:02.98
5	Debtuch, Daniel	49	NAC	1:05.54
	32.02		1:05.54	
6	Cushley, David	45	LimMas	1:07.44
7	Peagram, Alistair	45	TALM	1:08.28
	31.78		1:08.28	
8	Walsh, Donal	46	CLM	1:09.37
9	Munnely, Enda	45	MULJ	1:09.63
	33.79		1:09.63	
10	Corcoran, John	47	ALS	1:13.00
	34.00		1:13.00	
11	Mc Intyre, John	49	TEMP	1:15.88
	34.92		1:15.88	
12	O Connor, Owen	47	CTRIC	1:18.79
	37.53		1:18.79	
13	Noble, Rob	48	ASGD	1:22.82
	38.54		1:22.82	
14	Walsh, Richard	48	SWSC	1:50.22
	52.19		1:50.22	

**Event 14 Men 50-54 100 LC Meter Freestyle**

1	Lodge, Robbie	50	KMSC	1:04.82
	30.78		1:04.82	

2	Davoren, Declan	54	CABAR	1:06.57
3	O Dunlaing, Ceall	52	DUBSC	1:06.69
	31.54		1:06.69	
4	O Dwyer, Fergus	50	GLB	1:06.75
	33.16		1:06.75	
5	Quinn, Thomas	50	COR	1:09.30
6	Keane, Dara	53	ENNIS	1:13.22
	34.41		1:13.22	
7	Mahon, Alan	51	KMSC	1:13.63
	33.77		1:13.63	
8	Joyce, Paul	53	ASGD	1:14.04
	34.77		1:14.04	
9	Mc Guire, Barry	53	ENNIS	1:14.52
	34.15		1:14.52	
10	Lyons, Cormac	51	LimMas	1:15.62
	35.71		1:15.62	
11	Nolan, Conal	52	LimMas	1:16.15
	35.00		1:16.15	
12	Bonnar, Peter	54	ALS	1:17.12
	37.94		1:17.12	
13	Hackett, Gregory	50	ALS	1:17.13
	37.03		1:17.13	
14	Walsh, Jim	54	STRSC	1:17.34
	36.86		1:17.34	
15	Carolan, Paul	53	NAC	1:17.54
	37.27		1:17.54	
16	O Connor, George	52	ALS	1:21.07
	39.39		1:21.07	
17	Ryan, Kieran	54	ASGD	1:25.19
	38.68		1:25.19	
18	Shannon, Martin	51	LimMas	1:28.42
	40.50		1:28.42	
19	McCarthy, Joe	53	DEELM	1:30.71
	39.97		1:30.71	
20	Hayes, Kevin	54	ENNIS	1:31.21
	41.71		1:31.21	
21	O Kelly, Eoin	50	LimMas	1:34.91
	44.07		1:34.91	

**Event 14 Men 55-59 100 LC Meter Freestyle**

1	Frize, Robert	56	ALS	1:07.12
	32.32		1:07.12	
2	Mc Donnell, Gerard	59	KIDOM	1:11.26
	33.60		1:11.26	
3	Phelan, Paschal	58	ENNIS	1:12.46
	33.89		1:12.46	
4	Refson, Jonathan	58	POTTE	1:12.76
	34.26		1:12.76	
5	Hamshere, Darren	56	POTTE	1:14.13
	34.33		1:14.13	
6	Molloy, Derek	59	ALS	1:14.70
	35.21		1:14.70	
7	Gormley, Eugene	56	POTTE	1:15.18
	34.68		1:15.18	
8	Curran, Francis	57	TUAM	1:19.26
	37.86		1:19.26	
9	Harte, John	55	KMSC	1:21.02
	39.43		1:21.02	
10	Cross, David	55	LimMas	1:29.39
	43.81		1:29.39	
11	Hoare, Anthony	58	LimMas	1:31.07
	42.89		1:31.07	

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 14 Men 55-59 100 LC Meter Freestyle)**

12	Doyle, Brian	56	ASGD	1:35.14
	42.26	1:35.14		
13	O Hanrahan, Ciaran	58	LimMas	1:38.46
	45.69	1:38.46		

**Event 14 Men 60-64 100 LC Meter Freestyle**

1	Freeman, Boyd	61	ALS	1:09.29
	32.95	1:09.29		
2	Brady, Philip	60	LimMas	1:09.48
	33.29	1:09.48		
3	Healy, Patrick	62	LimMas	1:09.85
	32.87	1:09.85		
4	Hatherell, Andrew	63	NAC	1:12.32
5	Kennedy, Paul	62	ALS	1:16.05
	35.75	1:16.05		
6	O Mahony, John	61	DUBSC	1:42.99
	46.97	1:42.99		
7	Rainey, Des	62	ALS	1:46.11
	46.64	1:46.11		

**Event 14 Men 65-69 100 LC Meter Freestyle**

1	Glasse, David	65	TEMP	1:16.34
	36.56	1:16.34		
2	Irwin, John	65	LURG	1:18.42
3	Byrne, Gabriel	66	TEMP	1:20.09
	38.02	1:20.09		
4	Harbison, Harry	66	LimMas	1:31.34
	44.59	1:31.34		
5	Craddock, John	67	CLM	1:39.14
	46.90	1:39.14		
6	Ruddy, Dan	66	Unattached	1:40.11
	47.49	1:40.11		
7	Garrett, John	68	LimMas	1:59.84
	56.48	1:59.84		

**Event 14 Men 70-74 100 LC Meter Freestyle**

1	Golden, Dan	72	NAC	1:08.49
	33.01	1:08.49		
2	O'Neill, Brendan	70	CTRIC	1:32.69
	44.78	1:32.69		
3	Mason, Jonathan	73	ALS	1:33.35
	44.26	1:33.35		
4	Conran, Pat	70	LimMas	1:37.30
	46.10	1:37.30		
5	Mulligan, Noei	70	KIDOM	1:43.67
	46.37	1:43.67		
6	Keane, Eugene	72	LimMas	1:51.16
	52.38	1:51.16		

**Event 14 Men 75-79 100 LC Meter Freestyle**

1	Kelleher, Kieran	75	SANDI	1:22.96
	40.60	1:22.96		
2	Kearney, Paul	76	LimMas	1:46.23
	49.72	1:46.23		
3	Flynn, Paul	77	ALS	2:00.73
	55.66	2:00.73		
4	Mc Namara, Mike	78	LimMas	2:08.28
	59.54	2:08.28		

**Event 15 Women 18-24 200 LC Meter Butterfly**

1	Blyth, Stacie	20	CROTC	3:44.99
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**Event 15 Women 25-29 200 LC Meter Butterfly**

1	Stokes Hurley, Sydney	27	KIDOM	4:27.05
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**Event 15 Men 35-39 200 LC Meter Butterfly**

1	Nagashiro, Andres	37	DKMSC	2:44.95
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**Event 15 Men 50-54 200 LC Meter Butterfly**

1	Corkery, Patrick	50	NAC	3:44.99
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**Event 15 Men 60-64 200 LC Meter Butterfly**

1	Conway, Peter	60	ALS	3:10.57
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**Event 15 Men 70-74 200 LC Meter Butterfly**

---	Geoghegan, William	73	SWWES	DQ
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**Event 15 Men 75-79 200 LC Meter Butterfly**

1	O'Brien, Tony	75	ALS	4:07.21
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**Event 16 Women 25-29 50 LC Meter Backstroke**

1	Cesin Salazar, Saide	27	ALS	35.65
2	Fallon, Laura	27	NAC	36.42
3	Lucey, Pauline	28	TALM	50.92

**Event 16 Women 30-34 50 LC Meter Backstroke**

1	Almeida, Raine	31	DUBSC	34.88
2	Linehan, Maeve	33	MALM	36.81
3	Thompson, Emily	30	SWSC	37.38
4	Costigan, Catherine	32	COR	39.76
5	White, Jill	31	LimMas	40.66
6	Quinn, Carley	31	SLIGO	44.96

**Event 16 Women 35-39 50 LC Meter Backstroke**

1	Galvin Byrne, Johanna	38	ALS	37.26
2	Pinckheard, Rebecca	35	KIDOM	43.46
3	Doyle, Eimear	37	GLB	45.71

**Event 16 Women 40-44 50 LC Meter Backstroke**

1	Trzcinska, Agnieszka Maria	41	NAC	35.92
2	Clooney, Natalie	41	LimMas	37.55
3	Walsh, Catherine	44	LimMas	46.61
4	Carter, Janice	40	ASGD	50.96

**Event 16 Women 45-49 50 LC Meter Backstroke**

1	Brady, Edith	45	ALS	39.11
2	Cantrell, Claire	46	DUBSC	41.01
3	Mc Guinness, Aoife	49	LimMas	44.87
4	Campion, Mariola	45	ALS	44.91
5	Fahy, Celine	48	DUBSC	49.12

**Event 16 Women 50-54 50 LC Meter Backstroke**

1	Hoey, Linda	52	GUINN	47.91
2	Boyd, Antoinette	53	KIDOM	55.03

**Event 16 Women 55-59 50 LC Meter Backstroke**

1	Anikina, Jelena	56	NEND	37.02
2	Cummins, Anne	59	ALS	42.40
3	Hayes, Maura	56	KIDOM	53.69
4	Conlan, Deirdre	59	ALS	58.95
5	O'Boyle, Eileen	56	LimMas	59.66

**Event 16 Women 60-64 50 LC Meter Backstroke**

1	Morris, Dymphna	62	ALS	43.73
2	Guidon, Marie	64	ALS	49.22

**Event 16 Women 65-69 50 LC Meter Backstroke**

1	O'Brien, Siobhan	65	NAC	58.70
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**Event 16 Men 25-29 50 LC Meter Backstroke**

1	Gil Sorribes, Adria	29	DUBSC	30.90
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## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**Event 16 Men 30-34 50 LC Meter Backstroke**

1	Rathke, Alex	31	NAC	33.21
2	Kelliher, Shane	31	LimMas	42.31

**Event 16 Men 35-39 50 LC Meter Backstroke**

1	O'Farrell, Kevin	38	ENNIS	32.36
2	Ryan, Rory	39	Shannon Masters	32.44

**Event 16 Men 40-44 50 LC Meter Backstroke**

1	Foster, Eoin	44	ALS	32.63
2	Tricart, Xavier	42	NAC	35.43
3	Fennelly, Aidan	42	MARLI	45.91

**Event 16 Men 45-49 50 LC Meter Backstroke**

1	Conneely, Kevin	48	GLB	35.11
2	Mc Garry, Ian	45	TEMP	36.63
3	Venckus, Andrius	46	NAC	37.03
4	Igoe, Brett	47	MARLI	37.93

**Event 16 Men 50-54 50 LC Meter Backstroke**

1	Mulcahy, Sean	51	DEELM	37.17
2	Monaghan, Gerard	50	DUBSC	41.47
3	Nolan, Conal	52	LimMas	43.64
4	Higgins, Eugene	51	LimMas	44.40

**Event 16 Men 55-59 50 LC Meter Backstroke**

1	Mc Donnell, Gerard	59	KIDOM	38.65
2	Harper, Charles	57	DUBSC	40.02

**Event 16 Men 60-64 50 LC Meter Backstroke**

1	Keegan, John	60	DUBSC	41.97
2	Healy, Patrick	62	LimMas	42.32
3	Ohanlon, John	64	ALS	49.13

**Event 16 Men 65-69 50 LC Meter Backstroke**

1	Mullins, Michael	68	GLB	57.43
2	Craddock, John	67	CLM	1:06.67

**Event 16 Men 70-74 50 LC Meter Backstroke**

1	Higgins, Terry	73	KIDOM	52.51
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**Event 16 Men 75-79 50 LC Meter Backstroke**

1	Flynn, Paul	77	ALS	56.56
2	Stringer, Edward	75	ALS	1:02.39
3	Phillips, Jeff	78	ALS	1:03.45

**Event 17 Women 30-34 200 LC Meter Breaststroke**

1	Long, Sarah	33	DUBSC	3:33.86
	48.68	1:43.50	2:39.99	3:33.86

**Event 17 Women 35-39 200 LC Meter Breaststroke**

1	White, Alison	36	TMORE	2:55.26
2	Sexton, Aoife	36	MALM	3:22.57

**Event 17 Women 40-44 200 LC Meter Breaststroke**

1	Zhai, Yanjie	41	Unattached	3:33.21
	48.01	1:41.19	2:36.86	3:33.21

**Event 17 Women 45-49 200 LC Meter Breaststroke**

1	Treanor, Claire	46	KMSC	3:27.65
	47.88	1:40.33	2:35.16	3:27.65
2	Harris, Rebecca	45	ASGD	3:35.57
	47.51	1:41.74	2:41.19	3:35.57
3	Fahy, Celine	48	DUBSC	4:17.50
	58.32	2:04.93	3:11.95	4:17.50
---	Callanan, Emma	48	TUAM	DQ
	57.11	2:06.68	3:19.99	DQ

**Event 17 Women 50-54 200 LC Meter Breaststroke**

1	Selleri, Rita	51	ALS	3:46.34
	53.45	1:49.77	2:47.46	3:46.34

**Event 17 Women 55-59 200 LC Meter Breaststroke**

1	Hull, Tracey	58	LISB	3:36.50
	50.04	1:45.42	2:43.50	3:36.50

**Event 17 Women 65-69 200 LC Meter Breaststroke**

1	Keane, Marie	65	COMAN	3:39.40
	50.03	1:46.98	2:43.10	3:39.40

**Event 17 Men 25-29 200 LC Meter Breaststroke**

1	Kelly, Conall	27	DKMSC	3:09.05
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**Event 17 Men 35-39 200 LC Meter Breaststroke**

1	Kelleher, Christopher	38	COR	2:45.68
	38.01	1:21.52	2:03.89	2:45.68
2	Nagashiro, Andres	37	DKMSC	3:07.44
3	Mc Intyre, Ronan	36	DUBSC	3:19.99

**Event 17 Men 40-44 200 LC Meter Breaststroke**

1	Lane, Stuart	44	DUBSC	3:14.13
	43.41	1:31.93	2:23.53	3:14.13
2	Herzig, Peter	43	SKB	3:32.94
	46.19	1:42.88	2:40.15	3:32.94

**Event 17 Men 45-49 200 LC Meter Breaststroke**

1	Ward, David	46	TEMP	3:05.01
2	Ceksis, Valdis	49	BALDO	9:57.67
	2:11.51	4:41.99	7:17.96	9:57.67

**Event 17 Men 50-54 200 LC Meter Breaststroke**

1	Lamb, Rob	53	SWSC	3:02.96
2	Stynes, Jason	53	TEMP	3:08.50
3	Kearney, Paul J	50	LimMas	3:10.71
4	Carolan, Paul	53	NAC	3:39.53
	46.49	1:42.51	2:42.73	3:39.53
5	Corkery, Patrick	50	NAC	3:40.55
	47.51	1:46.57	2:44.13	3:40.55
6	Brennan, Aidan J	53	KMSC	5:14.84
	1:17.83	2:38.31	4:00.20	5:14.84

**Event 17 Men 55-59 200 LC Meter Breaststroke**

1	Wood, Trevor	58	ALS	3:27.13
	45.82	1:40.80	2:34.06	3:27.13
2	Harte, John	55	KMSC	3:35.02
	52.39	1:47.28	2:43.90	3:35.02
3	Curran, Francis	57	TUAM	3:38.33
	49.76	1:44.73	2:41.62	3:38.33

**Event 17 Men 65-69 200 LC Meter Breaststroke**

1	Canavan, Dermot	65	ALS	3:54.84
	54.55	1:54.77	2:56.89	3:54.84

**Event 17 Men 70-74 200 LC Meter Breaststroke**

1	Geoghegan, William	73	SWWES	3:58.35
	55.06	1:55.56	2:57.74	3:58.35
2	Walshe, Aidan	72	Unattached	9:57.67

**Event 18 Women 18-24 100 LC Meter Butterfly**

1	Hernandez Navarro, Lucia	23	NAC	1:08.24
2	Burke, Jessica	23	NAC	1:12.89
3	Blyth, Stacie	20	CROTC	1:36.89

**Event 18 Women 25-29 100 LC Meter Butterfly**

1	Harbison, Roisin	28	NAC	1:25.08
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## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**Event 18 Women 40-44 100 LC Meter Butterfly**

1	Healy, Brenda	42 SB SC	1:32.13
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**Event 18 Women 45-49 100 LC Meter Butterfly**

1	Mc Grane, Siobhan	47 LimMas	1:23.47
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**Event 18 Women 50-54 100 LC Meter Butterfly**

1	Mc Grath, Helena	51 TRJN	1:27.17
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**Event 18 Women 60-64 100 LC Meter Butterfly**

1	Halpin, Niav	62 ALS	1:34.65
2	O Carroll, Elaine	63 KMSC	1:42.70

**Event 18 Men 30-34 100 LC Meter Butterfly**

1	Cussen, Robert	32 COR	1:03.98
2	O Donoghue, Matthew	31 GUINN	1:10.52
3	Brennan, Gareth	32 CLM	1:29.59

**Event 18 Men 35-39 100 LC Meter Butterfly**

1	O Connell, James	36 MALM	1:10.20
2	Doran, Tim	37 SLIGO	1:16.45
3	O Connell, Brendan	38 KIDOM	1:25.81

**Event 18 Men 40-44 100 LC Meter Butterfly**

1	Tricart, Xavier	42 NAC	1:19.36
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**Event 18 Men 45-49 100 LC Meter Butterfly**

1	Mc Garry, Ian	45 TEMP	1:24.12
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**Event 18 Men 50-54 100 LC Meter Butterfly**

1	Cunningham, John	53 ALS	1:02.50
2	Swift, Brian	54 LimMas	1:46.79

**Event 18 Men 55-59 100 LC Meter Butterfly**

1	Frize, Robert	56 ALS	1:15.96
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**Event 18 Men 60-64 100 LC Meter Butterfly**

1	Desmond, Brian	61 ATLM	1:22.69
2	Brady, Philip	60 LimMas	1:23.51

**Event 19 Women 25-29 200 LC Meter Backstroke**

1	Delaney, Clíodhna	28 DKMSC	2:50.77
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**Event 19 Women 30-34 200 LC Meter Backstroke**

1	White, Jill	31 LimMas	3:12.91
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**Event 19 Women 35-39 200 LC Meter Backstroke**

1	Scanlon, Meabh	35 LimMas	3:38.34
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**Event 19 Women 40-44 200 LC Meter Backstroke**

1	Zhai, Yanjie	41 Unattached	3:19.03
2	Cox, Debra	41 NAC	3:23.73

**Event 19 Women 45-49 200 LC Meter Backstroke**

1	Mc Namara, Gail	48 LimMas	3:24.29
2	Antweiler, Kathrin	46 TUAM	4:00.05
3	Callanan, Emma	48 TUAM	4:22.65

**Event 19 Women 50-54 200 LC Meter Backstroke**

1	Fietsch, Uta	50 NENA	3:38.24
2	Powell, Margot	53 SWSC	3:48.81

**Event 19 Women 55-59 200 LC Meter Backstroke**

1	Ryan, Mary	55 LimMas	4:18.37
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**Event 19 Women 60-64 200 LC Meter Backstroke**

1	Walker, Blanaid	60 ALS	3:22.42
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**Event 19 Women 65-69 200 LC Meter Backstroke**

1	Oleary, Helen	69 NAC	7:58.61
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**Event 19 Men 35-39 200 LC Meter Backstroke**

1	Nagashiro, Andres	37 DKMSC	2:57.25
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**Event 19 Men 45-49 200 LC Meter Backstroke**

1	Mc Intyre, John	49 TEMP	3:13.49
2	Quinn, Adrian	47 CTRIC	3:31.32

**Event 19 Men 50-54 200 LC Meter Backstroke**

1	Mulcahy, Sean	51 DEELM	2:54.22
2	Corkery, Patrick	50 NAC	3:30.72
3	Higgins, Eugene	51 LimMas	3:32.05

**Event 19 Men 60-64 200 LC Meter Backstroke**

1	Keegan, John	60 DUBSC	3:39.25
2	Ohanlon, John	64 ALS	3:46.92

**Event 19 Men 65-69 200 LC Meter Backstroke**

1	Scanlon, Greg	67 LimMas	4:06.08
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**Event 19 Men 70-74 200 LC Meter Backstroke**

1	Mc Mullan, Alan	70 BGR	3:19.90
2	Harte, Declan	71 NAC	3:37.70
3	Walshe, Aidan	72 Unattached	5:53.61

**Event 19 Men 75-79 200 LC Meter Backstroke**

1	Phillips, Jeff	78 ALS	5:00.38
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**Event 20 Women 18-24 50 LC Meter Freestyle**

1	Hayes, Grace	22 MARLI	32.53
2	Ball, Joanne	21 ALS	37.15
3	Cunningham, Maria	22 POTTE	39.21

**Event 20 Women 25-29 50 LC Meter Freestyle**

1	Fallon, Laura	27 NAC	30.88
2	Harbison, Roisin	28 NAC	32.82
3	Whyte, Elaine	29 MALM	33.48
4	Lucey, Pauline	28 TALM	36.90

**Event 20 Women 30-34 50 LC Meter Freestyle**

1	Linehan, Maeve	33 MALM	32.48
2	Glynn, Sinead	32 COR	33.34
3	Sugrue, Elaina	31 SLIGO	33.98
4	Quinn, Carley	31 SLIGO	36.39

**Event 20 Women 35-39 50 LC Meter Freestyle**

1	Sexton, Aoife	36 MALM	31.85
2	Galvin Byrne, Johanna	38 ALS	32.17
3	Cannon, Aoife	36 DUBSC	38.33
4	Buckley, Elaine	38 DUBSC	39.45
5	Graham, Laura	39 LimMas	40.60

**Event 20 Women 40-44 50 LC Meter Freestyle**

1	Reid, Charlotte	44 ALS	30.22
2	Clooney, Natalie	41 LimMas	32.88
3	Markham, Jennifer	41 ALS	36.62
4	Walsh, Catherine	44 LimMas	36.88
5	Carter, Janice	40 ASGD	37.89
6	Nugent, Nicola	41 ASGD	40.73

**Event 20 Women 45-49 50 LC Meter Freestyle**

1	Brady, Edith	45 ALS	33.15
2	Campion, Mariola	45 ALS	33.70
3	Treanor, Claire	46 KMSC	34.92
4	Cummings, Bronwyn	45 ALS	35.34
5	Murray, Denise	46 DUBSC	36.28
6	Antweiler, Kathrin	46 TUAM	36.84
7	Cantrell, Claire	46 DUBSC	37.27

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 20 Women 45-49 50 LC Meter Freestyle)**

8	Fahy, Celine	48	DUBSC	41.79
9	Hynes, Joanne	47	ASGD	41.94
10	Coman, Juliet	45	LimMas	42.95
11	Burke Harmsworth, Lorraine	45	MARLI	42.97
12	O Sullivan, Emer	45	Unattached	44.15

**Event 20 Women 50-54 50 LC Meter Freestyle**

1	Farrelly, Sarah	50	ALS	29.60
2	Horrigan, Carol	52	LimMas	36.63
3	Hoey, Linda	52	GUINN	36.87
4	Savage, Suzanne	50	POTTE	37.35
5	Mulcair, Mary	53	LimMas	39.29
6	Sparling, Jean	51	LimMas	39.98
7	Markey, Heather	52	ALS	41.67
8	O Connor, Niamh	52	KIDOM	43.67
9	Guiney, Lynn	53	DUBSC	43.89
10	Lyons, Audrey	51	LimMas	48.45
11	O Hare, Adrienne	51	ALS	57.56

**Event 20 Women 55-59 50 LC Meter Freestyle**

1	Mulcair, Anne	55	LimMas	34.65
2	Mulcahy, Cara	57	ALS	38.61
3	O'Neill, Niamh	56	DUBSC	39.09
4	Birmingham, Ann	58	LimMas	42.29
5	Quinn, Sheelagh	57	ASGD	42.35
6	Ryan, Mary	55	LimMas	43.97
7	Conlan, Deirdre	59	ALS	46.12

**Event 20 Women 60-64 50 LC Meter Freestyle**

1	Halpin, Niav	62	ALS	36.07
2	Reilly, Patricia	63	ALS	37.78
3	O Carroll, Elaine	63	KMSC	39.86
4	Coughlan, Mairead	60	LimMas	44.22
5	Brennam, Patricia	62	ALS	1:03.97

**Event 20 Women 65-69 50 LC Meter Freestyle**

1	Morris, Coilne	67	ALS	49.49
2	Keane, Geraldine	68	LimMas	55.47

**Event 20 Women 70-74 50 LC Meter Freestyle**

1	Fitzpatrick, Mary	71	ALS	50.46
2	Murphy, Katherine	73	ALS	59.48

**Event 20 Women 75-79 50 LC Meter Freestyle**

1	Moore, Deirdre	78	ALS	1:07.13
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**Event 20 Men 18-24 50 LC Meter Freestyle**

1	O Keeffe Tighe, Cian	23	TRJN	25.24
2	Refson, Benji	20	POTTE	28.32

**Event 20 Men 25-29 50 LC Meter Freestyle**

1	Grigalionis, Deividas	29	Shannon Masters	24.53
2	Kelly, Conall	27	DKMSC	30.00
3	Walsh, Conor	25	STRSC	33.01

**Event 20 Men 30-34 50 LC Meter Freestyle**

1	Laffan, Paul	31	COR	24.46
2	Parkin, David	30	DKMSC	26.73
3	Whelan, Mark	33	ALS	29.86
4	Brennan, Gareth	32	CLM	30.13
5	Pierce, Kevin	33	COR	31.30
6	Foley, Conor	34	NAC	33.36
7	Lynch, Cormac	33	ALS	36.31
8	Kelliher, Shane	31	LimMas	36.53

**Event 20 Men 35-39 50 LC Meter Freestyle**

1	Doran, Tim	37	SLIGO	28.42
2	Finn, Danny	36	CTRIC	29.99
3	Crossan, Joey	36	ASGD	31.83
4	Mc Intyre, Ronan	36	DUBSC	33.80

**Event 20 Men 40-44 50 LC Meter Freestyle**

1	Rees, Steve	44	ALS	28.20
2	May, Mark	43	GUINN	29.58
3	Lane, Stuart	44	DUBSC	30.97
4	Mac Gairbheith, Karol	43	Unattached	32.41
5	Jameson, Niall	40	ASGD	32.86
6	Herzig, Peter	43	SKB	33.24
7	Fennelly, Aidan	42	MARLI	33.38
8	Long, Declan	42	ASGD	34.32
9	Dempsey, Shaun	41	LimMas	38.06

**Event 20 Men 45-49 50 LC Meter Freestyle**

1	O Riordan, Jerry	49	COR	27.23
2	Sweetman, Anthony	48	NAC	27.83
3	Reilly, John	47	LimMas	28.09
4	Peagram, Alistair	45	TALM	28.86
5	Straton, Greg	46	ALS	29.15
6	Walsh, Donal	46	CLM	29.26
7	Conneely, Kevin	48	GLB	29.31
8	Mc Garry, Ian	45	TEMP	29.62
9	Debtuch, Daniel	49	NAC	29.66
10	Venckus, Andrius	46	NAC	30.97
11	Igoe, Brett	47	MARLI	31.46
12	Corcoran, John	47	ALS	31.58
13	Quinn, Adrian	47	CTRIC	33.36
14	Lindopp, David	45	TEMP	34.98
15	Horan, Keith	49	NENA	36.37
16	Noble, Rob	48	ASGD	36.80
17	O Connor, Owen	47	CTRIC	37.04
18	Walsh, Richard	48	SWSC	48.50

**Event 20 Men 50-54 50 LC Meter Freestyle**

1	Davoren, Declan	54	CABAR	29.34
2	Lodge, Robbie	50	KMSC	29.52
3	Corkery, Patrick	50	NAC	31.89
4	Quinn, Thomas	50	COR	32.01
5	Ferland, Martin	51	LimMas	32.02
6	Keane, Dara	53	ENNIS	32.05
7	Mc Guire, Barry	53	ENNIS	32.28
8	Mahon, Alan	51	KMSC	32.64
9	Nolan, Conal	52	LimMas	33.23
10	Joyce, Paul	53	ASGD	33.75
11	Walsh, Jim	54	STRSC	34.05
12	Hackett, Gregory	50	ALS	34.33
13	Bonnar, Peter	54	ALS	34.44
14	Carolan, Paul	53	NAC	34.68
15	O Connor, George	52	ALS	35.39
16	Shannon, Martin	51	LimMas	38.08
17	Hayes, Kevin	54	ENNIS	38.22
18	Ryan, Kieran	54	ASGD	39.19
19	McCarthy, Joe	53	DEELM	40.31
20	O Kelly, Eoin	50	LimMas	41.05

**Event 20 Men 55-59 50 LC Meter Freestyle**

1	Phelan, Paschal	58	ENNIS	32.42
2	Refson, Jonathan	58	POTTE	32.55
3	Hamshere, Darren	56	POTTE	32.88

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 20 Men 55-59 50 LC Meter Freestyle)**

4	O Sullivan, Niall	55	DUBSC	33.61
5	Gormley, Eugene	56	POTTE	33.80
6	Curran, Francis	57	TUAM	34.28
7	Keane, Michael	57	LimMas	35.58
8	Harte, John	55	KMSC	36.49
9	Cross, David	55	LimMas	38.47
10	Hoare, Anthony	58	LimMas	40.86
11	Doyle, Brian	56	ASGD	41.12
12	O Hanrahan, Ciaran	58	LimMas	43.64

**Event 20 Men 60-64 50 LC Meter Freestyle**

1	Conway, Peter	60	ALS	28.86
2	Freeman, Boyd	61	ALS	31.86
3	Boran, Bernard	63	ALS	32.19
4	Kennedy, Paul	62	ALS	32.55
5	Corbett, Jim	64	ALS	39.42
6	O Mahony, John	61	DUBSC	44.60
7	Rainey, Des	62	ALS	45.74

**Event 20 Men 65-69 50 LC Meter Freestyle**

1	Glasse, David	65	TEMP	34.35
2	Harbison, Harry	66	LimMas	39.05
3	Ruddy, Dan	66	Unattached	44.21
4	Eames, Enda	67	SLIGO	45.31
5	Mullins, Michael	68	GLB	45.39

**Event 20 Men 70-74 50 LC Meter Freestyle**

1	Genest, Rob	73	GLB	33.50
2	Mc Mullan, Alan	70	BGR	34.13
3	Conran, Pat	70	LimMas	40.55
4	Mulligan, Noei	70	KIDOM	41.93
5	Higgins, Terry	73	KIDOM	42.71
6	Keane, Eugene	72	LimMas	52.12

**Event 20 Men 75-79 50 LC Meter Freestyle**

1	Kelleher, Kieran	75	SANDI	34.84
2	O'Brien, Tony	75	ALS	37.35
3	Daly, Liam	77	ALS	40.61
4	Stringer, Edward	75	ALS	46.04
5	Kearney, Paul	76	LimMas	48.47
6	Flynn, Paul	77	ALS	52.38
7	Mc Namara, Mike	78	LimMas	55.40

**Event 21 Women 120-159 200 LC Meter Freestyle Relay**

1	ALS	A	2:03.13	
1)	Corry, Therese W29	2)	Cesin Salazar, Saide W27	
3)	Brady, Edith W45	4)	Galvin Byrne, Johanna W38	
	28.63	59.13	1:32.11	2:03.13
2	NAC	A	2:12.02	
1)	Fallon, Laura W27	2)	Harbison, Roisin W28	
3)	Cox, Debra W41	4)	Trzcinska, Agnieszka Maria W41	
	31.77	1:02.95	1:41.45	2:12.02
3	LimMas	A	2:21.66	
1)	Scanlon, Meabh W35	2)	O'Brien, Fiona W39	
3)	Clooney, Natalie W41	4)	White, Jill W31	

**Event 21 Women 160-199 200 LC Meter Freestyle Relay**

1	ALS	A	2:15.87	
1)	Cummings, Bronwyn W45	2)	Campion, Mariola W45	
3)	Stringer, Ciara W41	4)	Cingalo, Manuela W48	
	36.25	1:09.22	1:44.11	2:15.87

2	LimMas	A	2:20.53	
1)	Mc Grane, Siobhan W47	2)	Sparling, Jean W51	
3)	Mc Namara, Gail W48	4)	Kearney, Deirdre W49	
	31.91	1:03.65	1:40.11	2:20.53
3	DUBSC	A	2:27.64	
1)	Cannon, Aoife W36	2)	Murray, Denise W46	
3)	Daly, Caroline W39	4)	Almeida, Raine W31	
	38.61	1:14.67	1:54.88	2:27.64
4	ASGD	A	2:35.74	
1)	Carter, Janice W40	2)	Hynes, Joanne W47	
3)	Harris, Rebecca W45	4)	Nugent, Nicola W41	
	36.89	1:38.58	1:55.97	2:35.74
5	LimMas	B	2:51.10	
1)	Clancy, Barbara W51	2)	Ryan, Maria W51	
3)	Coman, Juliet W45	4)	Lyons, Audrey W51	

**Event 21 Women 200-239 200 LC Meter Freestyle Relay**

1	ALS	A	2:02.16	
1)	Farrelly, Sarah W50	2)	Morris, Deirdre W53	
3)	Mulcahy, Cara W57	4)	Reid, Charlotte W44	
	29.55	1:00.33	1:32.54	2:02.16
2	LimMas	A	2:33.09	
1)	Birmingham, Ann W58	2)	Mulcair, Mary W53	
3)	Horrigan, Carol W52	4)	Mulcair, Anne W55	
3	KIDOM	A	2:48.87	
1)	Boyd, Antoinette W53	2)	Hayes, Maura W56	
3)	Fox, Mairead W53	4)	O'Connor, Niamh W52	
4	DUBSC	A	2:57.33	
1)	Dunleavy, Sarah W50	2)	Dunne, Maeve W70	
3)	Guiney, Lynn W53	4)	Fahy, Celine W48	
	38.80	1:33.11	2:14.90	2:57.33

**Event 21 Women 240-279 200 LC Meter Freestyle Relay**

1	ALS	A	2:29.65	
1)	Cummins, Anne W59	2)	Guidon, Marie W64	
3)	Walker, Blanaid W60	4)	Reilly, Patricia W63	
	35.51	1:15.09	1:52.27	2:29.65

**Event 21 Women 280-319 200 LC Meter Freestyle Relay**

1	ALS	A	3:47.31	
1)	Moore, Deirdre W78	2)	Morris, Coilne W67	
3)	Fitzpatrick, Mary W71	4)	Murphy, Katherine W73	
	1:10.15	1:59.84	2:50.13	3:47.31

**Event 22 Men 120-159 200 LC Meter Freestyle Relay**

1	LimMas	A	2:35.07	
1)	Kelliher, Shane M31	2)	Leahy, Conor M36	
3)	Dempsey, Shaun M41	4)	O Kelly, Eoin M50	
	35.85	1:17.33	1:54.86	2:35.07

**Event 22 Men 160-199 200 LC Meter Freestyle Relay**

1	ALS	A	1:46.38	
1)	Cunningham, John M53	2)	O Muircheartaigh, Paraic M46	
3)	Moraghan, Niall M49	4)	Foster, Eoin M44	
	26.07	55.84	1:25.93	1:46.38
2	COR	A	1:49.61	
1)	Kelleher, Christopher M38	2)	O Riordan, Jerry M49	
3)	Quinn, Thomas M50	4)	Cussen, Robert M32	
	1:09.88	1:43.53	2:19.44	1:49.61
3	NAC	A	1:52.51	
1)	Rathke, Alex M31	2)	Sweetman, Anthony M48	
3)	Connaughton, Cian M48	4)	Debtuch, Daniel M49	
	29.99	1:00.02	1:32.83	1:52.51



## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**(Event 22 Men 160-199 200 LC Meter Freestyle Relay)**

4	DUBSC	A	1:56.58
	1) Gil Sorribes, Adria M29	2) Lane, Stuart M44	
	3) O Dunlaing, Ceall M52	4) Ribeiro, Douglas M42	
	29.57 1:02.63	1:34.71 1:56.58	
5	TEMP	A	2:00.89
	1) Mc Intyre, John M49	2) Stynes, Jason M53	
	3) Mc Garry, Ian M45	4) Ward, David M46	
	29.41 59.50	1:32.46 2:00.89	
6	LimMas	A	2:02.51
	1) Reilly, John M47	2) Ferland, Martin M51	
	3) Lyons, Cormac M51	4) Kearney, Paul J M50	
	34.94 1:06.94	1:43.55 2:02.51	
7	ASGD	A	2:03.39
	1) Harris, Brian M45	2) Beacom, Ross M47	
	3) Joyce, Paul M53	4) Crossan, Joey M36	
	26.36 51.71	1:19.36 2:03.39	
8	NAC	B	2:04.95
	1) Tricart, Xavier M42	2) Venckus, Andrius M46	
	3) Carolan, Paul M53	4) Corkery, Patrick M50	
	30.46 1:00.46	1:29.42 2:04.95	
9	POTTE	A	2:08.69
	1) Hamshere, Darren M56	2) Refson, Jonathan M58	
	3) Gormley, Eugene M56	4) Refson, Benji M20	
	35.81 1:15.64	1:57.07 2:08.69	
10	ASGD	B	2:19.44
	1) Long, Declan M42	2) Jameson, Niall M40	
	3) Noble, Rob M48	4) Ryan, Kieran M54	
	28.43 55.80	1:23.54 2:19.44	

**Event 22 Men 200-239 200 LC Meter Freestyle Relay**

1	ALS	A	1:57.13
	1) Frize, Robert M56	2) O Raghallaigh, Conall M56	
	3) Straton, Greg M46	4) Rees, Steve M44	
2	DUBSC	A	2:16.44
	1) O Sullivan, Niall M55	2) Harper, Charles M57	
	3) Redmond, Cliff M50	4) Monaghan, Gerard M50	
3	LimMas	A	2:27.77
	1) Swift, Brian M54	2) O Hanrahan, Ciaran M58	
	3) Ryan, Pearse M57	4) Nolan, Conal M52	
	30.95 1:10.44	1:49.44 2:27.77	
4	KMSC	A	2:50.19
	1) Brennan, Aidan J M53	2) Harte, John M55	
	3) Mahon, Alan M51	4) Lodge, Robbie M50	
	43.69 1:26.30	2:03.14 2:50.19	

**Event 22 Men 240-279 200 LC Meter Freestyle Relay**

1	ALS	A	2:10.06
	1) Di Biagio, Ruggero M63	2) Carroll, Brian M60	
	3) Molloy, Derek M59	4) Kennedy, Paul M62	
	32.16 1:05.12	1:38.00 2:10.06	
2	LimMas	A	2:21.97
	1) Brady, Philip M60	2) Healy, Patrick M62	
	3) Scanlon, Greg M67	4) Harbison, Harry M66	
	1:40.71	2:21.97	
3	KIDOM	A	2:38.77
	1) Higgins, Terry M73	2) Mulligan, Noei M70	
	3) Sugrue, Des M54	4) Fitzgibbon, Ronnie M54	
	34.02 1:06.75	1:39.97 2:38.77	

**Event 22 Men 280-319 200 LC Meter Freestyle Relay**

1	NAC	A	2:16.27
	1) Golden, Dan M72	2) Harte, Declan M71	
	3) Meade, Jack M75	4) Hatherell, Andrew M63	
	30.11 1:04.52	1:45.48 2:16.27	
2	ALS	A	2:27.03
	1) O'Brien, Tony M75	2) Canavan, Dermot M65	
	3) Mason, Jonathan M73	4) Morris, Tony M68	
	37.36 1:13.55	1:51.68 2:27.03	
3	ALS	B	3:09.43
	1) Flynn, Paul M77	2) Stringer, Edward M75	
	3) Daly, Liam M77	4) Phillips, Jeff M78	
	50.76 1:37.09	2:17.21 3:09.43	
4	LimMas	A	3:17.95
	1) Keane, Eugene M72	2) Kearney, Paul M76	
	3) Mc Namara, Mike M78	4) Conran, Pat M70	
	32.74 1:03.38	1:37.78 3:17.95	

**Event 23 Mixed 120-159 200 LC Meter Freestyle Relay**

1	COR	A	1:59.70
	1) Glynn, Sinead W32	2) Costigan, Catherine W32	
	3) Laffan, Paul M31	4) O'Brien, Gavin M28	
2	DUBSC	A	2:06.80
	1) Gil Sorribes, Adria M29	2) Long, Sarah W33	
	3) Almeida, Raine W31	4) O Dunlaing, Ceall M52	
	26.58 1:03.17	1:36.05 2:06.80	
3	NAC	A	2:09.43
	1) Venckus, Andrius M46	2) Hernandez Navarro, Lucia W23	
	3) Foley, Conor M34	4) Trzcinska, Agnieszka Maria W41	
4	POTTE	A	2:13.74
	1) Refson, Jonathan M58	2) Savage, Suzanne W50	
	3) Cunningham, Maria W22	4) Refson, Benji M20	
	34.94 1:06.23	1:37.58 2:13.74	
5	LimMas	A	2:26.40
	1) White, Jill W31	2) Dempsey, Shaun M41	
	3) Clooney, Natalie W41	4) Leahy, Conor M36	

**Event 23 Mixed 160-199 200 LC Meter Freestyle Relay**

1	LimMas	A	1:59.06
	1) Reilly, John M47	2) Kearney, Deirdre W49	
	3) Mc Grane, Siobhan W47	4) Kearney, Paul J M50	
	29.32 1:00.14	1:31.51 1:59.06	
2	ALS	A	2:02.47
	1) Straton, Greg M46	2) Cingalo, Manuela W48	
	3) Campion, Mariola W45	4) Rees, Steve M44	
	29.37 1:00.94	1:34.25 2:02.47	
3	KIDOM	A	2:05.36
	1) O'Connell, Claire W32	2) Mc Donnell, Gerard M59	
	3) Pinckheard, Rebecca W35	4) O'Connell, Brendan M38	
4	SLIGO	A	2:07.03
	1) Odoherty, Shane M45	2) Sugrue, Elaina W31	
	3) Quinn, Carley W31	4) Eames, Enda M67	
	30.07 57.67	1:33.06 2:07.03	
5	ASGD	A	2:19.74
	1) Harris, Brian M45	2) Beacom, Ross M47	
	3) Carter, Janice W40	4) Hynes, Joanne W47	
	29.66 1:12.62	1:49.91 2:19.74	
6	DUBSC	A	2:33.49
	1) Mc Intyre, Ronan M36	2) O Mahony, John M61	
	3) Buckley, Elaine W38	4) Cannon, Aoife W36	
	34.48 1:17.91	1:56.99 2:33.49	

## Irish Open Masters Long Course Championships - 03/03/2023 to 04/03/2023

## Results

**Event 23 Mixed 200-239 200 LC Meter Freestyle Relay**

1	ALS	A		1:55.00
	1) Foster, Eoin M44	2) Morris, Deirdre W53		
	3) Cunningham, John M53	4) Farrelly, Sarah W50		
	28.36	59.01	1:25.99	1:55.00
2	DUBSC	A		2:18.10
	1) Lane, Stuart M44	2) Murray, Denise W46		
	3) O'Neill, Niamh W56	4) O'Sullivan, Niall M55		
	31.55	1:07.55	1:45.49	2:18.10
3	LimMas	A		2:22.63
	1) Swift, Brian M54	2) Sparling, Jean W51		
	3) Mulcair, Anne W55	4) Nolan, Conal M52		
	38.80	1:11.58	1:53.88	2:22.63
4	KMSC	A		2:24.27
	1) O'Carroll, Elaine W63	2) Treanor, Claire W46		
	3) Harte, John M55	4) Mahon, Alan M51		
5	DUBSC	B		2:25.33
	1) Harper, Charles M57	2) Dunleavy, Sarah W50		
	3) Guiney, Lynn W53	4) Ribeiro, Douglas M42		
	33.30	1:12.31	1:53.97	2:25.33
6	ASGD	A		2:37.32
	1) Doyle, Brian M56	2) Cahill, Barry M53		
	3) Quinn, Sheelagh W57	4) Nugent, Nicola W41		
	40.44	1:14.38	1:57.04	2:37.32

**Event 23 Mixed 240-279 200 LC Meter Freestyle Relay**

1	ALS	A		2:18.59
	1) Morris, Dymphna W62	2) O'Sullivan, Declan M63		
	3) Boran, Bernard M63	4) Halpin, Niav W62		
	33.56	1:09.36	1:48.40	2:18.59
2	LimMas	A		2:32.06
	1) Brady, Philip M60	2) Coughlan, Mairead W60		
	3) Birmingham, Ann W58	4) Healy, Patrick M62		
	34.94	1:14.68	1:48.70	2:32.06

**Event 23 Mixed 280-319 200 LC Meter Freestyle Relay**

1	ALS	A		2:54.65
	1) O'Brien, Tony M75	2) Morris, Coilne W67		
	3) Fitzpatrick, Mary W71	4) Morris, Tony M68		
	28.71	59.38	1:34.26	2:54.65
2	LimMas	A		3:31.56
	1) Mc Namara, Mike M78	2) Keane, Geraldine W68		
	3) Mc Namara, Breda W76	4) Kearney, Paul M76		
	33.05	1:17.22	2:00.43	3:31.56