



Est: 1996

SLIABH BEAGH ASC

2023 SLIABH BEAGH MASTERS WINTER BUILDER MEET
Saturday 11TH February @ Coral Leisure Centre, Monaghan Town

Meet Licence NO. – 2S-22/23-U019

Please see below the meet information on the abovementioned Masters meet. This master meet provides the first racing opportunity in the Irish swimming calendar of 2023 & is a perfect opportunity to prepare for the proposed Irish Masters (March) & Ulster Masters (May).

For this meet there will be medal podiums based on top three in the respective events & age-groups based on the masters age-groups breakdown below.

Age Groups: 19 – 29yrs (A) 30 – 39yrs (B), 40 – 49yrs (C), 50 – 59yrs (D), 60 – 69yrs (E) & 70+ (F).
All age-groups are based on age as of 31st December 2023.

Relay Groups: 76-120YRS(A), 121-160YRS(B), 161-200YRS(C) & 201+YRS(D)* Winners only will receive medals.

Entries may be submitted via Hy-Tek (send on request) or via the hard copy entry form below.

PLEASE NOTE: There will be no entering on the night!

Entry fee payments are requested in advance to:

Account Name: Sliabh Beagh Swimming Club
Bank: Permanent TSB, Dawson Street, Monaghan.
Account No: 27070454
Sort Code: 99-06-13
IBAN: IE31IPBS99061327070454
BIC: IPBSIE2D

#Alternatively, swimmers & teams can pay on the night at the registration desk between 4.15-4.45pm

Email entries via the entry form below or Hytek fils to: galas@sliabhbeaghasc.ie

Closing date for entries is Friday 3RD February, 8pm

(no late entries will be accepted after this date)

Meet Information

Session Time: Warm up 5-5.30pm (Mixed) Start 5.45pm Finish: 8.45pm (approx.)

Pool: 6 lane Deck level, 25mts pool with a small viewing that can host a maximum for 150 people.

Events: All events are heat declared winners (HDW)

Records: If swimmers are attempting to break a record, they must notify the Race Referee, to ensure a 3rd watch, along with the electronic system is put on their lane. If a third time is not recorded, a claim cannot be made.

Mixed events: As all events are mixed gender, the swimmers' entry time will determine what heat a swimmer will be swimming in. Swimmers who enter with no times will be entered in the earlier heats & ALL competing swimmers must be registered members of Swim Ireland in order to compete.

Administration Point: This will be set up in the Reception area available in the pool foyer from 4pm which all swimmers & teams must register & pay for entries (if not paid in advance) before entering to compete.

Entry Age: *As this is an Open Masters meet, the youngest age to enter must be in their 19th year (born in 2004 & older).*

Parking is available at the pool and at the St. Louis GNS, Park Road, Monaghan H18 HK31 to the rear of the pool site.

If swimmers wish to stay overnight in Monaghan there are 3 hotels in the town (Westenra Arms, Four Seasons & Hillgrove), Castle Leslie in Glaslough, the Sliabh Beagh Hotel in Knockatallon and numerous B&B's in the area. We can facilitate your accommodation search if you contact us for assistance.

Thank you for your cooperation in this matter.

Yours in Swimming,

Sliabh Beagh ASC

Order of Events

1. MIXED 50 BUTTERFLY
2. MIXED 100 BREASTSTROKE
3. MIXED 50 BACKSTROKE
4. MIXED 100 FREESTYLE
5. MIXED 200 IM *(4 HEATS MAX)
6. FEMALE 4 x 50 FREESTYLE RELAY
7. MALE 4 x 50 FREESTYLE RELAY
8. MIXED 100 BUTTERFLY
9. MIXED 50 BREASTSTROKE
10. MIXED 100 BACKSTROKE
11. MIXED 50 FREESTYLE
12. MIXED 400 FREESTYLE *(3 HEATS MAX)
13. MIXED 4 x 50 FREESTYLE RELAY (2M/2F)

SWIMMERS MAY ONLY ENTER A MAXIMUM OF 5 EVENTS.

INDIVIDUAL EVENTS	€8 each	4X50 RELAY EVENTS	€16 per team
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The gala will have full electronic timing in operation, which means all times are fully authentic for entry into the Ulster & Irish masters meets.

All entries are to be sent to galas@sliabhbeaghasc.ie & entries can be submitted via the Hy-Tek file or hard copy entry form below.

If you have any further queries or questions please do not hesitate to contact the competition co-ordinator via email at: galas@sliabhbeaghasc.ie

Individual Entry Form (PRINT IN LARGE CAPS)

Surname	First Name	Gender- Male/Female (PRINT)
Date of Birth	Age (31st Dec'23)	SI Number :
Club:	Email Address:	Phone Number :

Please indicate the events you wish to enter by completing the following form. Reference Page 3 for the order of events

Event No.	Stroke	Distance	Entry Time	Remarks/Notes

Relay Entry Form

Event Number:	Event Relay Type:
Club Relay Name: (Include A,B,C OR D etc)	
NAMES: 1 – 2 – 3 – 4 –	
Number of Teams:	

Summary Sheet

Club Name: _____

Number of Individual Entries	@ €8 per entry	Total €
Number of Relays	@ €16.00 per team	Total €

Enclosed is a cheque for € _____

Name

Club Position

Telephone

Email Address:

Swimmers & Teams can pay on the night at the registration desk from 4.15 - 4.45PM

Meet Conditions

1. The Meet will be held under Swim Ireland rules. Times achieved at the meet can be used to enter Regional & National masters competitions in 2023.
2. Entries will be seeded into heats based on entry times with the slowest heat being swum first. No Time (NT) entries will be swum in the earlier heats.
3. Only swimmers, coaches and officials are allowed on poolside. Wet swimmers are not allowed in the spectator area. Shoes must be worn by swimmers accessing the pool area.
4. Swimmers should report to the competitor's steward one event prior to their swim.
5. No deck entries will be taken on the day.
6. SliabhBeagh ASC nor Monaghan Coral Leisure Complex accept any liability for loss or damage to personal belongings.
7. The session time may be adjusted when all entries have been processed. Any Change in session times will be notified with confirmation of entry acceptances.
8. Sliabh Beagh ASC reserves the right to alter any of the above conditions if necessary. Any matter not covered by the conditions shall be at the promoter's discretion if not covered by Swim Ireland competition rules & regulations.

**SWIM
IRELAND**

Masters

