



**SWIM
IRELAND**

Masters

Masters Swim Skills Clinics

Suitable for all competitive Masters swimmers, open to Swim Ireland members 19+ years.

Topics:

Starts & Turns
Freestyle

Price:

€25
LIMITED PLACES
AVAILABLE

Dates:

Thursday 13th December
6pm-9pm UCD
Sunday 13th January
11am-2pm UL

Coached by:

Regional Development Pathway Coaches
Mark Lappin (UCD) & Sarah Fellner (UL)

For All Bookings go to <https://swimireland.azolve.com> – Events & Courses, search Masters

Masters Coaching Conference

SAVE THE DATE

Sunday 3rd March 2019
10am-4pm in UL

The Swim Ireland Masters committee are delighted to welcome Olympic swimmer and coach Glen Christensen back to Ireland to speak at this year's Masters Coaching Conference.

Topics & CPD points to be announced shortly

Price:

Early booking rate **€40** until 15th January 2019
€50 from 16th January
Lunch included in price



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