

Summary of Entries to Decathlon Competition

The Rules:

To be eligible for consideration, each swimmer must have swam in 10 different events, one event from EACH of the six stroke groups and a further four events from four of these groups in a different event to the top scores. A maximum of two events per category are included in the points calculation. Each swim selected to be included in the ranking can be either long course or short course but not both for the same event.

Freestyle sprint (50m, 100m 200m)

Freestyle distance (400m, 800m, 1500m)

Backstroke (50m, 100m 200m)

Breaststroke (50m, 100m 200m)

Butterfly (50m, 100m 200m)

Individual Medley (100m, 200m, 400m)

Points were calculated using the age adjusted Italian formula to calculate the overall score. All claims were verified by the Swim Ireland Masters committee.

The Results:

Name of Swimmer	Club	Age Group	Points attained
Dymphna Morris	Aer Lingus Masters	F55	9573
Charlotte Reid	Aer Lingus Masters	F35	9083
Agnieszka Wysocka-Khan	Dungannon	F30	9061
Helena McGrath	Trojan Swimming Club	F40	8645
Nell McCarthy	Clonmel	F60	8093
Caroline Duffy	Mullingar Jets SC	F30	6741
Vivian Mongey	Aer Lingus Masters	M55	9284
Tony Morris	Aer Lingus Masters	M60	9168
Rob Lamb	Sundays Well SC	M45	8579
Ceall O'Dunlaing	Dublin Swimming Club	M45	8055