Hi All,

Predator Triathlon club are running a ***5k/2.5KM Swim Challenge for senior and juniors with all proceeds going towards the very worthy Galway Hospice Charity on Sunday  27/November/2016 from 18:00 to 22:00.***

The event will take place at the beautiful 25 KM pool in the state of the art Kingfisher gym facility and wellness center beside Ballyloughnane Strand in Renmore Co. Galway

Included in this great value event for the worthy cause of Galway Hospice is

* All proceeds from event going to the Galway Hospice.
* Swimming the 5/2.5 Km in dedicated lanes with counters in 25 meter heated pool
* *3 coached and supervised training sessions at the Kingfisher Pool on Sunday 6th Nov/13th Nov/20th  from 6 – 8pm run by experienced distance swim experts John Cloonan and Declan Mahon*
* *Use for all swimmers of the facilities wellness area.*
* *All the cake and coffee you can eat afterwards in the Kingfisher restaurant*

*All details to register for the event*[*www.5kswim.com*](http://www.5kswim.com/)*.*

* Cost for the various distances and categories are as follows
* 5k Swim Seniors €55.
* 2.5K Swim Senior Relay (max two people) €55.
* 5k Swim Juniors  €25.
* 2.5k swim Juniors or relay €25.

There will also be a coffee evening with all the cake you can eat/tea/coffee for €5 for general public all proceeds going to the Galway Hospice

We would really appreciate your support and hope to see you there. Please see attached flyer of the event if you could share this with your friends.

See location link for Kingfisher Club and Pool

<https://www.google.com/maps/place/Kingfisher+Fitness+Renmore/@53.275462,-9.0180337,17z/data=!3m1!4b1!4m5!3m4!1s0x485b96d23d6f32a1:0xd9939e1d1fc59181!8m2!3d53.275462!4d-9.015845>

Please forward email to [info@loughreatriathlon.ie](mailto:info@loughreatriathlon.ie) to include your name for this year’s challenge. Even if you can’t do the swim you still have the opportunity to donate by logging onto [www.5kswim.com](http://www.5kswim.com/)

Best regards & Thank You!

Predator Triathlon Club