

Dublin Swimming Club Masters Open Sprint Gala 2016

Sunday, September 25th 2016

Tallaght Community Pool, Balrothery, D24

Warm up 3pm – Gala 3:30 pm

200 Freestyle
100m IM
50m Backstroke
25m Freestyle
50m Butterfly
50m Freestyle
50m Breaststroke
100m Freestyle
4 x 50 Mens Medley Relay
4 x 50 Ladies Medley Relay
4 x 50 Mens Freestyle Relay
4 x 50 Ladies Freestyle Relay

FINA rules apply

Overhead starts will be used

Age groups are 19-24, 25-29, 30-34, 35-39 and so on in age brackets of 5 years. Medals will be awarded in each individual event for each gender in each age group.

Relay age groups are 120-159, 160-199, 200-240. Other age groups may swim for the purposes of striving for records, but no medals will be awarded for those age brackets not listed.

All relay swimmers must enter at least one individual event

Timing will be manual with 3 timekeepers per lane

Swim Ireland membership for 2015 / 2016 is mandatory.

Swim Ireland temporary membership is permitted if it spans the competition date.

Entry fee for individual events is €6.00.

Entry fee for relay events is €13.00.

The Fergus Barron Trophy is awarded to the competitor in the 50m Breaststroke who scores the most points according to the Italian Masters Points Calculator.

The pool is 25m x 5 lanes.

Individual Entry Form

Entries should be posted to
Gala Organiser
7 Fontenoy St
Dublin 7
D07 N7V7

Closing date for entries is Thursday 22nd September 2016

All queries should be emailed to dublinswimmingclub@gmail.com

Name: _____

Gender: _____

Club: _____

Age Group: _____

SI Number: _____

email: _____

phone: _____

Event	Seed Time
200m Freestyle	
50m Backstroke	
25m Freestyle	
50m Butterfly	
50m Freestyle	
50m Breaststroke	
100m Freestyle	

_____ individual events @ €6.00 = €_____ enclosed

_____ relay events @ €13.00 = €_____ enclosed

Please make cheques or postal orders payable to Dublin Swimming Club

RelayEntry Form

Club: _____

Name of club official: _____

email of club official: _____

phone of club official: _____

Event (Free / Medley)	
Mens / Ladies	
Age Group	
Seed Time	

Event (Free / Medley)	
Mens / Ladies	
Age Group	
Seed Time	

Event (Free / Medley)	
Mens / Ladies	
Age Group	
Seed Time	

Event (Free / Medley)	
Mens / Ladies	
Age Group	
Seed Time	

Event (Free / Medley)	
Mens / Ladies	
Age Group	
Seed Time	