

Swim Ireland Masters Committee

Postal Swim 2017

800m Free and/or 1500m Free and/or 400IM

INTRODUCTION

The objective is to encourage Swim Ireland Masters swimmers to participate in the longer events, which are often difficult to fit into a normal gala programme. This postal swim enables swimmers to swim these distances in their local pool during Club sessions without having to travel out of the island of Ireland, to obtain an official time and to compare with other swimmers from other Clubs.

Clubs may find that this can be a useful warm up to the Open Water Season. See "WHEN" below

ELIGIBILITY

Swimmers must be 19yrs+ and registered with Swim Ireland as Competitive Swimmers.

AGE GROUPS

19– 24, 25 – 29, 30 - 34 and upwards

Age is determined as at the 31st December 2017

WHERE

Any 25m (S/C) or 50m (L/C) Pool in Ireland. No time correction will be made for long course swims.

Long or Short course Irish Masters records may be claimed if the certification conditions described below are met.

WHEN

Any time during, June, July and August.

ENTRY FEES

There are no entry fees for this Postal Swim. However Clubs may seek to recover the cost of Pool hire etc. from individual swimmers.

Please note there will be no awards for this event.

CERTIFICATION

All entries to be submitted on the official entry form (or photocopy).

Entries must be certified by at least two timekeepers each of whom must be adult registered members of SI.

To assist in counting lengths split times taken every two lengths MUST be recorded on the Timekeeper's check off sheet (or photocopy). Each check off sheet MUST be attached to the application form.

Entries must be signed by a club official, acting as "Gala Referee" to certify that times were accurately recorded by the timekeepers as above. If two timekeepers are used then the slower time is taken.

A separate "Stroke Judge" who is aware of the Masters stroke rules must also officiate for a 400IM swim

(If an Irish record is being claimed then three timekeepers are required, taking the middle time for the record.

In this case the entry must be signed by a "Gala Referee" and, for a 400IM claim, by the "Stroke Judge" both of whom must be known to the Masters Committee and three Timekeeper's check off sheets MUST be attached.)

All swims must be swum as part of this competition only (times achieved in other competitions may not be entered).

CLOSING DATE FOR ENTRIES

All entries must be sent by 30th September 2017 to Jeff Phillips, Cakestown, Kells, Co. Meath.
irishmastersnews@gmail.com

ORGANISING CLUB RESPONSIBILITIES

In common with all Masters competitions this is a Club based initiative. It is the responsibility of the Clubs to organize the swim, to arrange venues, officials, timing. Etc.

NOTIFICATION OF RESULTS

Results will be published on the SI website by the end of September

If you require a set of results please ensure you enclose an e-mail address

The Swim Ireland Masters Committee reserves the right to refuse to accept any time if it feels that the above rules have not been complied with fully.

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ENTRY FORM

Name _____ Club _____

Email Address _____

Tel No _____ D.O.B. _____

Age Group _____ SI Reg. No. _____ Male / Female _____

Date of Swim _____ Pool _____ 25m/50 m _____

Distance 800 m / 1500 m / 400IM

Submitted Time Two watches = Slower watch of the two.
Three watches (needed to claim an Irish Masters Record) = Middle watch
of the three.)

800 m _____ min _____ . _____ sec

1500 m _____ min _____ . _____ sec

400IM _____ min _____ . _____ sec

Gala Referee Name _____ SI Reg No. _____
(Please Print)

I confirm that the above times are accurate - Signed : _____
Gala Referee

Date: _____

Stroke Judge (400IM only) Name _____ SI Reg No. _____
(Please Print)

I confirm that there was no DQ in the 400IM - Signed : _____
Stroke Judge

Date: _____

Attach ALL Timekeeper's Check off sheets (One per Timekeeper)

To:-
Jeff Phillips
Cakestown
Kells
Co. Meath

irishmastersnews@gmail.com

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Timekeeper's check off sheet (One per timekeeper)
(Short Course)

Timekeeper's Name _____

SI Reg No. _____

Lengths	Split Time	Lengths	Split Time	Lengths	Split Time
2		22		42	
4		24		44	
6		26		46	
8		28		48	
10		30		50	
12		800 free 32		52	
14		34		54	
400 IM 16		36		56	
18		38		58	
20		40		1500 free 60	

Recorded Time 800 m ____ min ____ . ____ sec

1500 m ____ min ____ . ____ sec

400IM ____ min ____ . ____ sec

Swimmer's Name.....

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Timekeeper's check off sheet (One per timekeeper)
(Long Course)

Timekeeper's Name _____

SI Reg No. _____

Lengths	Split Time	Lengths	Split Time
2		18	
4		20	
6		22	
400 IM 8		24	
10		26	
12		28	
14		1500 free 30	
800 free 16			

Recorded Time 800 m ____ min ____ . ____ sec

1500 m ____ min ____ . ____ sec

400IM ____ min ____ . ____ sec

Swimmer's Name.....