

Rob Genest adds gold to Irish Masters medal collection

46 swimmers took to the water in the London Aquatics centre for day 3 of the individual events – 200m butterfly, 50m backstroke, 100m breaststroke and 400m freestyle (men only). LEN and the competition organisers appear to have taken some of the feedback on board from angry and frustrated competitors from the first two days as there was a significant improvement in communication to swimmers through social media and at the facility by day 3.

9 hardy souls, otherwise known as lunatics, were up early in the morning for the 200m butterfly. The event is a test of endurance, mental strength and determination and all rose to the challenge. There were top 10 finishes for Helena Mc Grath (40-44) and Agnieszka Wysocka-Khan (30-34) and a new Irish record for Agnieszka.

Moving swiftly on to the 50m backstroke there was disappointment for Liz Cosgrave as she was placed 4th in 55-59 age group who despite winning her heat was placed behind a swimmer with a slower time. A challenge is currently in with LEN so watch this space.

In the 100m breaststroke there were strong performances from the women and delight for Deirdre Morris who got her hands on a silver medal in the 45-49 age group and a new Irish record. Nell Mc Carthy (60-64) and Claire O’Connell (25-29) also set new Irish records and finished inside the top 20.

Rob Genest continues to dominate in the freestyle events, adding gold to his 2 silver medals and another Irish record. Rob has finished his swimming for this competition and should be delighted with his performances over the last 3 days.

The relays got under way shortly after 7.30pm and looked set to run late in to the night. Ireland was well represented with teams from Aer Lingus Masters, Hibernian, NAC Masters and City of Derry. The Aer Lingus Masters (240-279) team of Vivian Mongey, Peter Conway, Patricia Reilly and Claire O’Dwyer set the bar high as the first team up, winning a bronze medal in a time of 2.21.60 which is a new Irish record. The 160-199 Aer Lingus team followed shortly to finish in 6th place and a new Irish record of 2.01.33.

The medal haul now stands at 12; 1 individual gold, 6 individual silver, 3 individual bronze and 2 relay bronze.

Day 4 schedule includes 200m backstroke, 50m butterfly, 100m freestyle, 400m freestyle (women only) and 4x50m mixed freestyle.

FULL RESULTS

Men’s - 200 Fly			Time	Place
MURPHY BARRY	M50	NAC MASTERS	3.21.01	21
BELL DAVID	M45	ARDS ASC	3.10.6	23
FRIZE ROBERT	M45	AER LINGUS MASTERS	2.58.94	19
Women’s - 200 Fly			Time	Place
MORRISSEY ANNE	W55	AER LINGUS MASTERS	4.01.31	15
KEANE MARIE	W55	HIBERNIAN MASTERS	3.51.92	11
MC GRATH HELENA	W40	NAC MASTERS	2.58.82	8
MCCARTHY SINEAD	W40	NEW ROSS SWIMMING CLUB	3.12.77	14
Men’s- 50 Back			Time	Place
HIGGINS TERRY	M65	HIBERNIAN MASTERS	48.88	18
ANDERSON ROSS	M40	LIMERICK MASTERS	34.77	43
MCBRIDE PHILIP	M40	LEANDER ASC	35.25	46
JOHNSTON BRYAN	M35	AER LINGUS MASTERS	30.54	16
COMERFORD ANDREW	M30	DUBLIN SC	35.13	63

Women's - 50 Back			Time	Place
COSGRAVE ELIZABETH	W55	TROJAN MASTERS	38.01	4
O'CONNOR ELEANOR	W50	DUBLIN SC	38.08	17
CUMMINS ANNE	W50	AER LINGUS MASTERS	40.54	34
HEALY BRENDA	W35	MARLINS	40.14	50
BECK ALISON	W35	HIBERNIAN MASTERS	36.85	29
PURCELL MARIAN	W35	LIMERICK MASTERS	37.43	36
SEXTON AOIFE	W25	HIBERNIAN MASTERS	36.41	23
Men's- 100 Breast			Time	Place
MC LOUGHLIN FERGUS	M55	BREIFNE SWIM CLUB	1.43.63	44
PHELAN PASCHAL	M50	ENNIS MASTERS	1.26.54	69
WOOD TREVOR	M50	AER LINGUS MASTERS	1.23.39	52
O'CONNOR PADRAIG	M45	HIBERNIAN MASTERS	1.31.89	108
HARDY TONY	M45	AER LINGUS MASTERS	1.26.47	71
STRATON GREG	M35	EASTERN BAY MASTERS	1.12.35	23
Women's - 100 Breast			Time	Place
MCCARTHY FENELLA	W60	HIBERNIAN MASTERS	1.40.24 (IR)	11
REILLY PATRICIA	W55	AER LINGUS MASTERS	1.35.55	13
ONEDA KHAN EDMEIA	W55	LIMERICK MASTERS	1.46.42	33
KEANE MARIE	W55	HIBERNIAN MASTERS	1.37.68	15
SHANAHAN ELIF	W50	LIMERICK MASTERS	1.39.05	47
MCGOVERN KATHLEEN	W50	KELLS SC	1.51.94	98
THOMPSON GERALDINE	W50	AER LINGUS MASTERS	1.51.96	99
HULL TRACEY	W50	LISBURN CITY SWIMMING CLUB	1.35.29	32
MORRIS DEIRDRE	W45	AER LINGUS MASTERS	1.19.82 (IR)	2
SPARLING JEAN	W40	LIMERICK MASTERS	1.42.27	74
MALLET LEAN	W40	CITY OF DERRY MASTERS	1.32.42	39
QUIGLEY AOIFE	W35	CITY OF DERRY MASTERS	1.36.72	72
REID CHARLOTTE	W35	AER LINGUS MASTERS	1.21.36	7
MCGUUNNESS ARLENE	W35	COMANS ROSCOMMON	1.36.72	65
DOBERSCHUETZ MARTA	W30	HIBERNIAN MASTERS	1.23.15	18
O'CONNELL CLAIRE	W25	HIBERNIAN MASTERS	1.18.51 (IR)	15
Men's- 400 Free			Time	Place
GENEST ROBBY	M65	GLENALBYN MASTERS	5.30.62 (IR)	1
O SULLIVAN DECLAN	M55	AER LINGUS MASTERS	5.19.55	13
O'DUNLAING CEALL	M45	DUBLIN SC	4.54.79	15
DAVOREN DECLAN	M45	WESTPORT SWIM CLUB	4.54.1	14
KENNY JASON	M40	HIBERNIAN MASTERS	5.24.94	57
O'CONNELL MICHAEL	M30	HIBERNIAN MASTERS	4.55.89	39
Mixed 4x50 Medley Relay			Time	Place
AER LINGUS MASTERS	240-279	CONWAY PETER O'DWYER CLAIRE NOREEN O SULLIVAN DECLAN REILLY PATRICIA	2.21.60 (IR)	3
HIBERNIAN MASTERS	200-239	BECK ALISON HIGGINS TERRY MCCARTHY FENELLA O'CONNOR PADRAIG	2.48.36	40
AERLINGUS MASTERS	160-199	FARRELLY SARAH FOSTER EOIN JOHNSTON BRYAN MORRIS DEIRDRE	2.01.33 (IR)	6
NAC MASTERS	160-199	CURRAN NEIL DEBTUCH DANIEL MC GRATH HELENA O'CONNOR JACKIE	2.18.99	46
CITY OF DERRY	160-199	LYNCH JOHN MALLET LEAN O'FLAHERTY CIARAN QUIGLEY AOIFE	2.33.61	89
HIBERNIAN MASTERS	120-159	DOBERSCHUETZ MARTA	2.10.39	47

		O'CONNELL BREANDAN O'CONNELL CLAIRE O'CONNELL MICHAEL		
HIBERNIAN MASTERS	120-159	FERRIS JOHN KENNY JASON MORONEY ROISIN SEXTON AOIFE	2.20.47	81